

# TRANSFORMING NURSING THROUGH KNOWLEDGE

## Putting a Value on the BPSO® Designation

By Irmajean Bajnok, RN, MScN, PhD,  
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Irmajean Bajnok

Most of us have learned to carefully assess our engagement in various initiatives in ways that will help us answer the question "What is the value added?" This is true for all of our BPSOs because they make annual commitments to continue with evidence-based practice and management decision-making using RNAO Best Practice Guidelines and the myriad of tools and resources that make this work so successful.

For BPSOs that have planned to submit a proposal to be a BPSO organization and in the process generated excitement among staff about tackling the quality agenda with evidence-based tools, they certainly know. For academic BPSOs that have been able to demonstrate research-based practice for students and integrate evidence, the RNAO BPGs, and implementation science into the nursing curriculum and for synchronizing evidence-based care with their partner placement settings, they surely know. For organizations that have moved from a static position related to staff commitment to practice change to one where several teams are now vying to implement BPGs, they know. For BPSOs that have finally been able to make a dent in some challenging outcomes like engaging patients in collaborative goal setting, organization-wide embracing

of person- and family-centred care, a consistent approach to pain management, and eradication of stage 3 and 4 pressure ulcers, they certainly know. For smaller organizations that have been able to access key resources to build the capacity to create and sustain an evidence-based culture, they know. And for those organizations that now regularly monitor and talk about patient outcomes and how their interventions make a difference, they know. For those CEOs and executive leaders who have watched a sea change in their organizations fuelled by the BPSO organization-wide best practice uptake methodology, they know. And finally, for those patients and families who have noticed a change in approaches to care and service and who have benefitted from this, they also know.

Yes, BPSO is definitely an example of value added to the health-care system and its outcomes. With so much going on in all organizations regardless of the sector, and with each day a new "gimmick like" strategy aimed at health-care providers to magically achieve staff engagement or sustained quality outcomes, it is timely to applaud the BPSO Designation for all its worth.

BPSO organizations manage to change culture and generate extensive staff participation in implementing guidelines to tackle some of the most thorny issues in health and health care today. The approaches they use stick beyond the next leader, the next new initiative or the next new reporting requirement. The BPSO Designation speaks a clinical language. It enables organizations to incorporate interprofessional team approaches, link to the realities of their clinical settings, use a systematic approach to

## SPRING 2016

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implementation science, and partner and collaborate with RNAO and others to access resources and mentoring support. Change does not happen overnight, but when it occurs, it creates a big wave, bringing significant numbers of staff and stakeholders along to make a lasting difference. The BPSO initiative is now 13 years old and still stands the test of time in being an effective strategy to enable knowledge-based care at the organizational level based on sustained use of best evidence, and ongoing monitoring and evaluation. The initial goals of better organizational, provider and above all client outcomes are being realized over and over on a daily basis across BPSOs in all sectors, locally and globally. Truly, the value added of the BPSO Designation is there for all to see and celebrate.

# NBPRC Annual General Meeting

By Verity White, BSc, Project Coordinator, IABPG Centre, RNAO

On the evening of March 9, members of the Nursing Best Practice Research Centre (NBPRC) gathered in Toronto for the Centre's Annual General Meeting. The NBPRC is a collaboration between researchers and educators at the University of Ottawa (UOttawa) and the Registered Nurses' Association of Ontario. The centre's co-directors, Irmajean Bajnok, Director of RNOA's International Affairs and Best Practice Guidelines Centre (IABPG), and Barbara Davies, professor and vice-dean of research for the Faculty of Health Sciences at UOttawa, summarized the year's successes, including 24 new



(Top) **Kimarie Brown**, The UWI School of Nursing (Jamaica) and **Dan Nagel**, St. Francis Xavier University. (Bottom) **Eulalia Kahwa**, The UWI School of Nursing (Jamaica) and **May Tao**, Toronto Public Health.

individual members, four new organizational members, 413 publications by members, and 273 funded projects. Throughout the evening, members openly shared the benefits of their participation in NBPRC and imparted inspiring ideas about working together to grow nursing research. The evening ended with a brief networking session where participants had a chance to make new connections, share updates on their own research interests, and establish the foundation



Co-directors of the NBPRC: **Dr. Irmajean Bajnok** (RNAO) (left) and **Dr. Barbara Davies** (UOttawa).

for promising future partnerships.

For more information about the Nursing Best Practice Research Centre and details about becoming a member, please visit [www.NBPRC.ca](http://www.NBPRC.ca)



(l-r) **Barbara Davis, Heather McConnell, Wendy Gifford and Jannelle Arthurs** at the NBPRC AGM.

## Celebrating Excellence: BPSO Designation of the North Bay Nurse Practitioner-Led Clinic

By Angela Joyce, BA (Hons), Project Coordinator, BPSO and NQuIRE, IABPG Centre, RNOA

Leaders from RNOA's Best Practice Spotlight Organizations, special guests, and RNOA staff celebrated with the North Bay Nurse Practitioner-Led Clinic as they received their BPSO Designation on March 10. This special event took place during the annual BPSO Knowledge Exchange Symposium in Toronto, where participants recognized the achievements of North Bay as the first NP-led clinic to establish an

evidence-based practice culture through the implementation and evaluation of RNOA best practice guidelines. A video, created by the clinic team, highlighting the impact of the BPSO experience on staff, clients and the community was received with great enthusiasm. Those representing the clinic included Leeann Whitney, Executive Director; Terri MacDougall, Clinical Director-Nurse Practitioner; Wendy Carew, Project Lead; and Stephanie Brooks, Executive Assistant. They accepted the designation certificate on behalf of their team from Doris Grinspan and Irmajean Bajnok.

This new BPSO Designate's dedication to clinical excellence and evidence-based practice was clear in the experiences they shared with other BPSO leads during the knowledge

exchange sessions, and the pride with which they acknowledged their accomplishments. As a BPSO Designate, the North Bay Nurse Practitioner-Led Clinic is leading the way for other NP-led clinics, by committing to continued implementation, evaluation and sustainability of best practices to achieve the best possible outcomes for staff, the organization and the clients they serve.



Celebrating the BPSO designation of the North Bay Nurse Practitioner led clinic.

# In the Spotlight at the Annual BPSO Knowledge Exchange Symposium

By Heather McConnell, RN, BScN, MA(Ed), Associate Director, IABPG Centre, RNAO

Best Practice Spotlight Organizations (BPSO) from Ontario, Nova Scotia and Jamaica attended the BPSO Knowledge Exchange Symposium held in Toronto on March 10. This annual forum allows BPSO leaders, RNaO staff, and members of the Nursing Best Practice Research Centre (NBPRC) to renew acquaintances and make new ones, share experiences, and discuss their learnings related to leading practice change through best practice guideline implementation, evaluation and sustainability.

The event was hosted by Irmajean Bajnok, who welcomed the assembly and brought opening remarks. Doris Grinspan provided the opening plenary session, *BPSO: An Ontario made Global Success Story of Evidence-Based Practice*, which was well-received by the participants. One of the highlights of the day was the BPSO Designation of the North Bay Nurse Practitioner-Led Clinic (see page 2 for the story). In addition, the RNaO team took this

opportunity to launch the RNaO Nursing Order Set Website

The Symposium included several knowledge-exchange workshops, facilitated by BPSO leaders from a range of sectors. The Scarborough Hospital presented on embedding BPSO work at all levels of the organization. West Park Healthcare Centre and St. Joseph's Care Group shared their work on the use of quality methods to support guideline implementation. Thunder Bay District Health Unit and the Hospital for Sick Children discussed the strategies they have utilized to sustain the momentum of implementing practice change. St. Peter's Residence at Chedoke described how they have utilized the implementation of the RNaO Healthy Work Environment leadership guideline to develop capacity in their clinical staff. Champions from Toronto Public Health demonstrated how they have used innovative knowledge translation strategies to engage staff in organizational change. And the University of the West Indies School of Nursing spoke about stimulating

academic and service partnerships through BPSO.

A series of small-group knowledge café discussions allowed participants to discuss topics of mutual interest, including: leveraging fellowships for success; a new guideline on practice education in nursing (see page 5 for the details); utilizing technology to support guideline implementation; engaging the interprofessional team; and the use of simulation to support knowledge transfer. The BPSOs also had the opportunity to display a selection of the many resources they have developed to support their implementation and evaluation efforts, and actively engaged with those in attendance in sharing their experiences.

Attendees left the event energized and looking forward to returning to their workplaces to apply new ideas and strategies to support the implementation and evaluation of best practice guidelines, and to sustain their evidence-based practice cultures.

## Welcoming a New BPSO Host in Italy: Collegio IPASVI Milano–Lodi–Monza e Brianza

By Melissa Aziz, BA, Project Coordinator, IABPG Centre, RNaO

The International Affairs and Best Practice Guidelines Centre recently welcomed Italy's Collegio IPASVI Milano-Lodi-Monza e Brianza as a Best Practice Spotlight Organization Host. The regulatory nursing organization has over 24,000 members.

The overall goal of RNaO's work in Italy is to initiate and spread evidence-based nursing throughout the region of Milan. It's hoped the partnership with RNaO will encourage positive cultural and professional changes to support this goal. The



Collegio IPASVI is considered a leader in quality practice and education. Representatives of the organization say they believe best practice guidelines and the requirements of being a BPSO are consistent with their mandate.

Two other Italian organizations also planning to become BPSOs are the San Raffaele Hospital and Vita-salute San Raffaele University, which will become the first service and academic BPSOs in Italy. We were delighted that Tiziana Rivera, former Chief Nursing Executive & Chief Practice Officer at MacKenzie Health, a BPSO designate, was able to facilitate the knowledge exchange with our Italian colleagues. Rivera engaged in a number of meetings with the key

stakeholders from academic and service organizations including decision-makers at the BPSO Host site when she represented RNaO at a nursing conference in Milan in September, 2015. This face-to-face dialogue, and the ability to speak from experience as a BPSO designate, helped the Collegio IPASVI Milano-Lodi-Monza e Brianza understand the requirements of a Host. Planning for the BPSO orientation will take place over the next months.

The BPSO orientation program, based on the RNaO Implementation Toolkit and the RNaO champions workshop, will enable BPSO participants to be prepared to implement the guidelines and work with other direct BPSO Organizations in Italy. Support for this initiative is very strong in Italy and reflects a strong focus on nursing and its contribution to health care and better outcomes.

## Develop Your Passion, Energize Your Career and Make an Impact on Patient Care

Over the past 15 years, over 400 Ontario RNs and NPs have developed clinical, leadership or best practice guideline implementation knowledge and skills through RNAO's Advanced Clinical Practice Fellowship (ACPF) Program. ACPF provides nurses with the opportunity to work with their organization and a mentor or mentoring team to further develop their knowledge and expertise to enhance their practice and improve client care and outcomes.

In the past year, RNAO has partnered with Associated Medical Services (AMS), a small Canadian charitable organization, to offer an additional stream of fellowships. Fellows accepted into this stream focus on building knowledge and skills to provide and enhance humane, compassionate, and person-centred care.

The AMS/RNAO fellowship is 450 hours in length and can be done part-time or full-time. Fellows have the added benefit of being invited to a two-day conference in Toronto so they can engage with past fellows and experts. Conference attendees will explore: the critical elements of compassionate care; how patients and families are being engaged to provide compassionate care; and how the elements of compassionate care are being integrated into undergraduate, graduate, post-graduate, and health professional curricula. To learn more, please visit the RNAO ACPF webpage and watch the RNAO/AMS information session. This webinar provides an overview of the fellowship requirements, and examples of each of the core themes.

A request for proposals was released in March with a deadline submission date of May 19, 2016. For more information, visit [www.RNAO.ca/ACPF](http://www.RNAO.ca/ACPF)



## Update from the Tobacco and Nicotine Intervention Team

By Jennifer Callaghan, BA, MPH,  
Project Coordinator, IABPG  
Centre, RNAO

The start of a new fiscal year provides the opportunity to reflect back on recent accomplishments and use that momentum to propel us forward to meet future goals. The Tobacco and Nicotine Intervention (TNI) Team successfully engaged, coached, and supported six new health-care organizations during the past year to help them integrate tobacco cessation best practices into daily practice.

Our implementation sites included Algoma Nursing Home, Haliburton, Kawartha, & Pine Ridge District Health Unit, Hanover and District Hospital, University of Ontario Institute of Technology, University of Toronto Scarborough Campus, and York Region Public Health. With a student workshop being hosted in Sudbury, and each implementation site receiving a workshop in their area, a total of seven workshops were held in geographically diverse areas of the province over a 12-week period. These full-day workshops allowed implementation sites to increase the capacity of staff to deliver evidence-based tobacco cessation interventions to their clients. The workshops were also open to health-care providers from

the community. During the same period, six tobacco cessation related webinars were held, a new program evaluation plan was devised, work on our new TNI Best Practice Guideline began, the curriculum for our next eLearn was completed, and abstracts were accepted to two conferences.

It was a busy start to 2016 but we are thrilled to have met our goals and are now looking forward to meeting the challenges that lie ahead. First on our to-do list is recruiting an additional six implementation sites. This year, we are focusing on organizations that provide care to older adults and/or Indigenous populations, although applications from all health-care organizations will be considered. Implementation sites will receive: up to \$5,000 in funding; the opportunity to host a one-day workshop, free of charge, for staff and the community; tailored support from a TNI specialist; access to RNAO and other tobacco cessation resources; and other Smoke Free Ontario organizations. If you are part of a health-care organization that could benefit from this initiative, please refer to our [TobaccoFreeRNAO.ca](http://TobaccoFreeRNAO.ca) website, or contact Sheila John at [sjohn@RNAO.ca](mailto:sjohn@RNAO.ca), for more information.



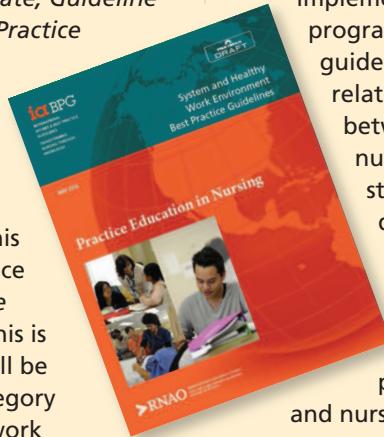
Workshop participants at the Tobacco and Nicotine Intervention champions workshop in King City, Ontario.

# Release of the Newest Best Practice Guideline: *Practice Education in Nursing*

By Laura Legere, RN, BN, MScN  
Nursing Research Associate, Guideline Development Co-Lead, Practice Education in Nursing IABPG Centre, RNAO

RNAO and the guideline development team are pleased to announce the release this spring of the best practice guideline (BPG), *Practice Education in Nursing*. This is a new guideline that will be included within the category of system and healthy work environment guidelines, and will be initially released online, followed by print copies and a pocket reference guide to support implementation.

The *Practice Education in Nursing* BPG was developed to provide evidence-based recommendations that promote and sustain the undergraduate nursing student's application of knowledge to practise in a variety of clinical learning environments. While the term undergraduate nursing student is used throughout the recommendations, this guideline is also applicable for practice



education planning and implementation in college programs for RPNs. The guideline explores the relationships among and between students and nursing educators, nursing staff, preceptors, and diverse health-care team members, and it considers their influence on the quality of practice education, professional socialization, and nursing excellence.

The recommendations will help educators, preceptors, clinical instructors, staff nurses, and other members of the interprofessional health-care team better understand how to foster and support effective teaching and learning strategies in a variety of practice settings, as well as within simulated clinical settings. The context of the *Practice Education in Nursing* BPG is framed within the system of interaction amongst educational institutions, service agencies and policy makers, with specific recommendations for each

entity. However, educational institutions and service agencies involved in implementing this guideline will find that many of the recommendations are applicable to both entities and require collaborative efforts between the two.

Nurses, other health-care providers, and administrators who lead and facilitate education and practice changes will find this document invaluable for developing policies, procedures, protocols, clinical courses, and educational programs. Nurses and other health-care providers in direct care who work with and act as preceptors, instructors or mentors for nursing students will benefit from reviewing the recommendations and the evidence that supports them.

RNAO would like to extend special thanks and recognition to the expert panel members who contributed their valuable expertise and support to this guideline, the group of external stakeholders who provided insightful feedback, and to the entire guideline development team for its work on this document.

To access the *Practice Education in Nursing* BPG, please visit: [rnao.ca/bpg/guidelines/practice-education-nursing](http://rnao.ca/bpg/guidelines/practice-education-nursing)

## International Collaboration in Implementing and Evaluating Best Practice Guidelines through BPSO

By Irmajean Bajnok, RN, MScN, PhD, Director, IABPG Centre, RNAO

RNAO's International Affairs and Best Practice Guidelines Centre was delighted to host two BPSOs from Beijing, China, (the School of Nursing of the University of Chinese Medicine and the Dongzhimen Hospital) from March 17 until March 24, 2016. In all, five of our BPSO leads and sponsors visited and engaged with many of our newest BPSOs and our BPSO Designates.

Included in the Chinese delegation were Ms. Hao YuFang (Professor, Dean of BUCM, School of Nursing), Ms. Guo Hong (Associate Professor, Clinical Teaching Dept., School of Nursing, BUCM), Ms. Sun Ruiyang (Lecturer, Basic Nursing Dept., School of Nursing, BUCM), Ms. Tian Runxi (Head Nurse, Nursing Dept., Dongzhimen Hospital), and Du Jian (Head Nurse, Dept. Orthopedics, Dongzhimen Hospital). The visit provided an opportunity to meet RNAO's CEO and the IABPG team at RNAO, and learn firsthand about integrating nursing order sets into care planning and delivery systems and participating in NQuIRE.

The site visits provided opportunities to make contacts with other BPSO leads and sponsors across all sectors and learn more about BPG implementation and

evaluation at each site. The visits provided a wonderful opportunity for international sharing and exchange related to practice and education innovations and challenges related to implementing and integrating best evidence. Our visitors were very impressed with the hospitality and the critical information they learned at each of the site visits, which included: BPSO Designates Trillium Hospital, Women's College Hospital, and Toronto Public Health, Academic Designate BPSO Trent University, and BPSO Organization The Scarborough Hospital. Our host sites learned how BPGs are having a positive impact on nursing practice, education and outcomes by overcoming distance, as well as language and cultural differences. The experience was truly a win-win for all.

# *Ontario First Nations Nursing Education Forum: A Chronic Disease Management and Mental Health Focused Institute for Nurses Working in First Nations Communities*

*By Grace Wong, BA, Project Coordinator, and Grace Suva, RN, MN, Program Manager, IABPG Centre, RNAO*

RNAO, in partnership with Health Canada, hosted the inaugural *Ontario First Nations Nursing Education Forum* at the NAV Centre in Cornwall Feb. 16-18. Ninety-three nurses working in First Nations communities across Ontario, and from various practice settings such as home care, public health, primary care, community care and acute care, attended the three-day education *Forum*. The nurses had opportunities to learn about specific chronic diseases and mental health challenges that adults and youth in First Nations communities face.

The attendees learned more about evidence-based clinical practices from experts across Canada. Discussions focused on important topics such as: the impact of the historical context of First Nations peoples on mental health; motivational interviewing; assessment for dementia in older adults; suicide

assessment; engaging clients who use substances; case management; maternal mental health; trauma-informed care; workplace violence; and nursing and social media. In addition to these discussions, Health Canada unveiled a draft of its new First Nations chronic disease management model prior to its formal release later this year.

Participants attended an array of plenary and breakout sessions, and were given the rare opportunity to network with fellow nursing colleagues to share information and dialogue about the opportunities, challenges and best ways to work with First Nations communities. In order to build on the momentum and enthusiasm created at the event, additional networking activities have been established to support these nurses and others who were unable to attend the *Forum*. These include a communities of practice virtual space where participants can dialogue via a discussion board, download resources relevant to health-care professionals

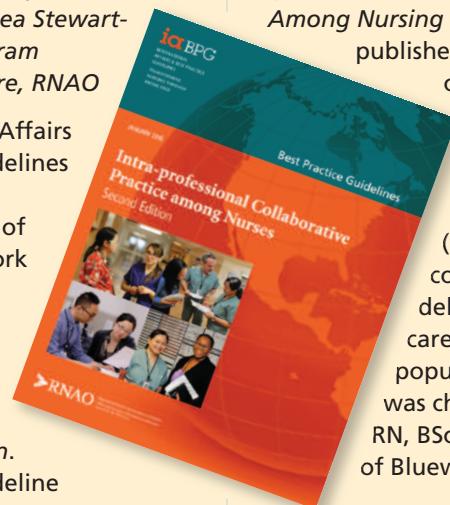
working in First Nations communities, and access an upcoming webinar series on anxiety and depression in adolescents. An e-learning program is also being finalized, which will provide valuable information on mental health and addiction in First Nations communities.

The *Forum* concluded with a motivating closing keynote presentation by Irmajean Bajnok, RN, PhD, and director of IABPG. She focused on the importance of being a change agent in challenging but rewarding health-care environments. A closing Thanksgiving prayer by Eddie Gary, an Akwesasne Mohawk Elder, was also shared and interpreted for the attendees to enjoy and reflect on. Overall, the *Forum* was positively received by all who attended. RNAO will continue to extend its reach by developing more educational programs and networking opportunities for nurses in First Nations communities across Ontario.

## *New Healthy Work Environment Best Practice Guideline: Intra-professional Collaborative Practice among Nurses, Second Edition*

*By Oliwia Klej, HBSc, Project Coordinator, and Althea Stewart-Pyne, RN, MHSc, Program Manager, IABPG Centre, RNAO*

RNAO's International Affairs and Best Practice Guidelines Centre is excited to announce the release of its newest Healthy Work Environment Best Practice Guideline, *Intra-professional Collaborative Practice among Nurses, Second Edition*. This best practice guideline



replaces the *Collaborative Practice Among Nursing Teams* BPG (originally published in 2006) and focuses on the registered nurse (RN), the registered practical nurse (RPN) and the nurse practitioner (NP) working collaboratively to deliver safe, effective care to diverse patient populations. The panel was chaired by Barb O'Neil, RN, BScN, M.Ad.Ed, formally of Bluewater Health.

This best practice guideline was developed to assist nurses, nursing leaders, other health professionals and senior managers to enhance positive outcomes for patients/clients, nurses, and the organization through intra-professional collaborative practice.

This BPG is now available online for free download at <http://rnao.ca/bpg/guidelines>. It will also be available in hardcopy for purchase in the coming weeks.

# Wondering About the BPG App? Here's an Update...

By Tanya Costa, BA (Hons.), eHealth Project Coordinator, IABPG Centre, RNAO

The initial RNAO BPG app developed for mobile devices (iPhones, Androids and Blackberry) was first launched in 2010 to a great reception from the nursing community. This app provided access to over 50 clinical and healthy work environment guidelines, with the intention that nurses and other health-care providers would be able to access knowledge at the point of care.

Early in 2015, a survey was conducted with nurses and the broader health-care community to collect information about the app's functionality and relevance. The survey results indicated that the app needed revision in a number of areas to meet current mobile application standards. The goals of the redesign are to increase user friendliness and functionality, as well as update the BPG content. Nurses who regularly use the app and RNAO staff took part in several user testing sessions

over the fall and winter months and feedback was incorporated in the new app. Some of the new features include:

- BPGs are now categorized by topic (i.e., Chronic Disease Management, Addiction and Mental Health, Care of Older Persons, etc), with the option to search for a specific guideline in alphabetical order
- An enhanced search feature for quick reference
- A list of references that provide evidence support for the content in the app, which link out to the specific BPG of interest

The clinical BPGs have been organized in the following categories:

#### Background Information

- Brief background information

#### Practice Reference

- Practice Recommendation
- Levels of Evidence

#### At Point of Care

- Flow Charts, Decision Trees, Practice Principles

#### Sample Tools

- Assessment tools, check lists

#### Client and Family Education

- Health Education Fact Sheet, Educational Resources

#### References

The Healthy Work Environment BPGs have been organized in the following way:

#### Background Information

- Brief background information

#### Healthy Work Environment

#### Recommendations

- Practice Recommendation
- Levels of Evidence

#### Strategies for Enhancing a Healthy Work Environment

The newly revised and updated BPG app is being launched in May 2016. It will be initially available through iTunes and the Google Play Store. Blackberry users will need to stay tuned regarding access to the app via this device. Get nursing knowledge where you are, when you need it. Give it a try.

## A Look Back at the 2016 Best Practices in Wound Care Institute: Minding the Gap

By Grace Wong, BA, Project Coordinator and Grace Suva, RN, MN, Program Manager, IABPG Centre, RNAO

RNAO hosted the 9th annual Best Practices in Wound Care Institute from February 28 to March 4, 2016 at the Hilton Hotel and Suites in Niagara Falls. More than 100 nurses representing

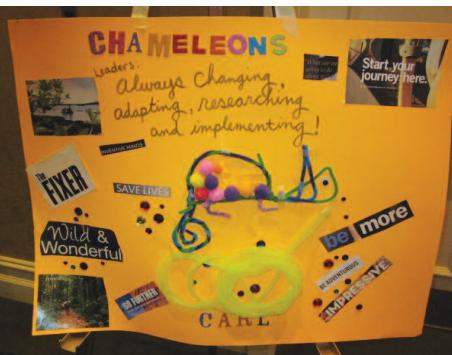
various health-care settings across Ontario attended this year's institute.

The Wound Care Institute offers two streams of education: the Foundational Stream, which builds on the nurses' clinical expertise using best practice guidelines related to wound care, and; the Advanced Stream, which focuses on

leadership capacity in wound care best practice guideline implementation and evaluation.

With the support of two expert wound care facilitators, Dr. Karen Campbell, RN, MScN, PhD, and Laura Teague, MN, NP-Adult, PhD(c), the institute continues to offer Foundational Stream participants the opportunity to gain knowledge in wound care best practices through a combination of

cont' on pg 8...



Wound Care Institute attendees display their posters emphasizing the importance of sharing and implementing knowledge and best practices to enhance the outcomes for their clients.

# Spring BPG Specials

For a limited time only, the IABPG Centre is offering 50 per cent off the regular price of select clinical and healthy work environment guidelines.

#### Clinical:

- Primary Prevention of Childhood Obesity
- Assessment and Management of Venous Leg Ulcers
- Engaging Clients Who Use Substances
- Interventions for Postpartum Depression
- Prevention of Falls & Fall Injuries in the Older Adult
- Promoting Asthma Control in Children
- Enhancing Healthy Adolescent Development
- Nursing Management of Hypertension



- Promoting Safety: Alternative Approaches to the Use of Restraints

#### Healthy Work Environment (HWE):

- Embracing Cultural Diversity in Health Care: Developing Cultural Competence
  - Developing and Sustaining Effective Staffing and Workload Practices
  - Workplace Health, Safety and Well-Being of the Nurse
  - Preventing and Mitigating Nurse Fatigue in Health Care

To purchase RNAO Best Practice Guidelines, or for further details, please visit [RNAO.ca/bpg](http://RNAO.ca/bpg) or call/email the sales office 416-907-7965, [jburris@RNAO.ca](mailto:jburris@RNAO.ca)

Sale ends June 30, 2016 so purchase your copies today!

Standard shipping rates and HST apply.  
All sales are final.

## A Look Back at the 2016 Best Practices in Wound Care Institute: Minding the Gap

...cont' from pg 7

presentations, case studies, clinical skills labs and networking activities. Content expert speakers provided valuable insight on topics such as skin tears, basic concepts in wound healing, advanced assessment and treatment, lower leg assessment and management, pressure ulcer prevention and assessment, nutrition and pressure ulcers, monitoring and evaluation and diabetic foot management. The attendees were also given the unique opportunity to engage and learn from 16 different vendors exhibiting a range of wound care products and support surfaces.

Meanwhile, the Advanced Stream participants engaged with experts in the field with regard to building a business case, project management,

transferring research to nursing practice and outcomes, wound care leadership and sustaining practice changes through policies, and monitoring and evaluation. The Advanced Stream was a great success, with the full engagement of the attendees in discussions about their wound care best practice implementation strategies and experiences.

The Wound Care Institute came to a close with two inspirational and motivating presentations from Folashade M. Alalade, RN, BScN, CETN(C), MCLSc-WH, a previous 'graduate' of the institute, and RNAO Past-President Rhonda Seidman-Carlson, RN, MN. Both speakers emphasized the importance of nurses sharing and implementing the knowledge and best practices gained at the institute in their workplaces in order to enhance the outcomes for their clients.

## Upcoming Events

Program details and registration information for the following events can be accessed through RNAO's website at [RNAO.ca/events](http://RNAO.ca/events)

- National Nursing Week May 9-15, 2016
- Nursing Career and Professional Development Showcase May 13, 2016 Hyatt Regency, Toronto
- Nurse Executive Leadership Academy May 31 - June 3, 2016 White Oaks Conference Centre, Niagara-on-the-Lake
- BPG Clinical Institute: Foundational Stream June 5-10, 2016 Crowne Plaza - Fallsview, Niagara Falls
- BPG Clinical Institute: Advanced Stream June 7-10, 2016 Crowne Plaza - Fallsview, Niagara Falls
- Project Management Workshop August 15, 2016 Toronto
- Healthy Work Environments Workshop Series: Building an inter-professional team in health care August 24, 2016 Toronto



#### IABPG Newsletter Editors:

Oliwia Klej, Heather McConnell, Kimberley Kearsey and Marion Zych.

Please send comments/inquiries to Heather McConnell, Associate Director, IABPG Centre by email [hmcconnell@RNAO.ca](mailto:hmcconnell@RNAO.ca), by fax 416-599-1926, or by mail to 158 Pearl Street, Toronto, ON M5H 1L3.

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