

RNAO's 93rd Annual General Meeting
April 19-21, 2018
Hilton Toronto, 145 Richmond Street, Toronto

Attendees are asked to refrain from wearing scent or scented products while attending RNAO AGM or associated meetings

Thursday, April 19, 2018

3:00 – 7:00 p.m. General Registration (**hotel main lobby**)
Mandatory Registration for Representatives (**hotel main lobby – separate registration**)

Opening Ceremonies and Processional, followed by Wine & Cheese Reception

5:55 – 6:10 p.m. (a) Board of Directors / Minister of Health & Long Term Care / PC Health Critic / NDP Leader / Provincial Chief Nursing Officer / Past Presidents / Past Executive Directors /Lifetime Achievement Award members/Honorary Friends of RNAO
- All move to **CARMICHAEL/JACKSON room** to assemble for opening processional

5:45 – 6:10 p.m. (b) Guests not participating in the opening processional are asked to move to **TORONTO BALLROOM**, and to take their seats. *Please note there will be two to three rows of reserved seats at the front, for processional guests/speakers. Thank you for your cooperation.*

6:10 – 6:12 p.m. Welcoming Remarks from Hosts- Kingston Chapter A. Kern & A. Rochon

6:10 – 6:14 p.m. **Procession enters Toronto Ballroom** (*accompanied*)

6:14 – 6:17 p.m. Singing of O' Canada C. Holloway

6:17 – 6:19 p.m. Introduction of Carol Timmings, RNAO President and Dr. Doris Grinspun, RNAO Chief Executive Officer A. Kern & A. Rochon

6:19 – 6:30 p.m. Recognition of guests in the audience C. Timmings

6:30 – 6:32 p.m. Introduction of Hon. Dr. Helena Jaczek Ontario Minister of Health & Long-Term Care C. Timmings

6:32 – 6:37 p.m. Hon. Dr. Helena Jaczek H. Jaczek

6:37 – 6:39 p.m. Introduction of Jeff Yurek Health Critic, Progressive Conservative Party C. Timmings

6:39 – 6:44 p.m. Jeff Yurek J. Yurek

6:44 – 6:46 p.m. Introduction of Andrea Horwath Leader of the Ontario New Democratic Party C. Timmings

6:46 – 6:51 p.m. Andrea Horwath A. Horwath

6:51 – 6:53 p.m. Introduction of Annette Kennedy President, International Council of Nurses C. Timmings

6:53 – 6:58 p.m. Greetings from ICN (Video) A. Kennedy

6:58 – 7:00 p.m. Greetings from Beth Baldwin Tigges (Letter) President, Sigma Theta Tau C. Timmings

7:00 – 7:25 p.m.	Celebrating our BPSOs-Designation Ceremony (<i>Best Practice Spotlight Organizations</i>)	C. Timmings, D. Grinspun, H. Jaczek V. Grdisa, H McConnell
7:25 – 7:27 p.m.	Closing remarks	C. Timmings
7:27 – 7:32 p.m.	Entertainment escorts processional as it exits ballroom	
7:32 – 8:30 p.m.	Stakeholders' Wine & Cheese Reception (Toronto Ballroom Foyer) (<i>Cash bar</i>)	ALL

Resolution Session for Consultation Representatives will be held in the Toronto Ballroom, Tom Thomson and Carmichael/Jackson rooms from 8:00 - 9:00 p.m.

Friday, April 20, 2018 *Annual General Meeting 8:30 a.m. – 4:30 p.m.*
TORONTO BALLROOM

7:30 a.m. – 3:00 p.m.	Registration (hotel main lobby)	
8:30 – 8:45 a.m.	General Remarks (Toronto Ballroom) - Declaration of any conflict of interest - Roll Call - Minutes of 2017 AGM presented for acceptance	C. Timmings
8:45 – 9:30 a.m.	CEO Report	D. Grinspun
9:30 – 9:32 a.m.	Introduction of The Hon. Kathleen Wynne, Premier of Ontario	C. Timmings
9:32 – 10:00 a.m.	Premier of Ontario	Hon. Kathleen Wynne
10:00 – 10:20 a.m.	Break and Exhibits (in Foyer, Tom Thomson, Carmichael & Jackson rooms)	
10:20 – 10:35 a.m.	Finance Committee Report - Audited Financial Statements	J. Roitenberg Partner, KPMG LLP
10:35 – 10:40 a.m.	Provincial Nominations Committee Report	Chair – V. Burkoski
10:40 – 10:45 a.m.	Provincial Resolutions Committee Report - <i>2016 Proposed Resolutions will be discussed at afternoon Consultation Session</i>	Chair – C. Holloway
10:45 – 10:50 a.m.	Bylaws Committee Report	Chair – W. Pearson
10:50 – 11:00 a.m.	<u>Election Results:</u> - Governance items - Board of Directors' nominations & Committee nominations	C. Timmings A. Cooper Brathwaite
11:00 a.m.	CLOSE OFFICIAL AGM BUSINESS	C. Timmings
11:00 – 11:50 a.m.	Members Voices	All
11:50 a.m. – 12:00 p.m.	Book Launch: Transforming Nursing Through Knowledge: Best Practices for Guideline Development, Implementation Science, and Evaluation	D. Grinspun & I. Bajnok
12:00 – 1:45 p.m.	LUNCH BREAK View Exhibits (Foyer, Tom Thomson, Carmichael & Jackson rooms)	
12:15 – 1:45 p.m.	Leadership Lunch (<i>If you have purchased a ticket, you will be walking to Vantage Venues, on University Avenue and King, in the Sun Life Financial Tower. RNO staff will be pleased to guide/accompany you</i>)	

12:15 – 1:45 p.m.

Leadership Lunch

Welcoming remarks: Olaperi Oladitan, President, Nursing Students of Ontario

Title: Supervised Injection Services

Guest speaker: Leigh Chapman

Presentation of RNAO Recognition Awards*

- Student of Distinction
- RNAO Leadership Award in Student Mentorship

C. Timmings

(* please refer to this Program of Events for bios of the winners)

2:00 – 2:02 p.m.

Recall Meeting to Order

- Declaration of any conflict of interest

C. Timmings

2:02 – 3:30 p.m.

CONSULTATION SESSION

- 2018 Proposed Resolutions

C. Timmings

C. Holloway

3:30 – 3:45 p.m.

Presentation of RNAO Recognition Awards*

- Leadership Award in Nursing Administration
- Leadership Award in Nursing Education (Academic)
- Leadership Award in Nursing Education (Staff development)
- Leadership Award in Nursing Research
- Leadership Award in Political Action
- Chapter of the Year Award
- Interest Group of the Year Award

C. Timmings & D. Grinspun

(* please refer to this Program of Events for bios of the winners)

3:45 – 3:55 p.m.

Acclaimed\Elected Candidates, 2018-2020 Board of Directors (3 mins per)

Candidates

3:55 – 4:10 p.m.

President's Report

C. Timmings

4:10 – 4:12 p.m.

Pass the Gavel

4:12 – 4:22 p.m.

Incoming President's Address

A. Cooper Brathwaite

4:22 – 4:25 p.m.

2019 AGM Hosts – Parish Nurse Interest Group

4:25 – 4:30 p.m.

Closing Remarks and Adjournment

C. Timmings

PLEASE CLEAR THE ROOM PROMPTLY – thank you!

6:00 – 7:00 p.m.

President's Reception - *Cash bar* (**Toronto Ballroom Foyer**)

7:00 – 9:30 p.m.

President's Banquet and presentation of RNAO Awards
(**Toronto Ballroom**)

Presentation of RNAO Awards (approximately 8:30 p.m.)

- President's Award for Leadership in Clinical Nursing Practice
- Hub Fellowship
- Award of Merit
- Lifetime Achievement Award
- Media Awards

Saturday, April 21, 2018

8:00 – 11:00 a.m. (unless otherwise noted)

Interest Group Meetings

These meetings will be held in various meeting rooms – and will be signposted on the day

Group Name	Meeting Space in Hilton
Clinical Nurse Specialist Association of Ontario (CNS-ON)	Opus
Community Health Nurses' Initiatives Group (CHNIG)	Carmichael/Jackson
Complementary Therapies Nurses Interest Group (CTNIG)	Richmond
Diabetes Nurse Interest Group (DNIG)	RNAO – 3 rd Floor Boardroom
Mental Health Nurses Interest Group	Varley
Maternal Child Nurses Interest Group	Adelaide
Nursing Student Organization (NSO)	Governor General Main
NPIG	York West
Ontario Correctional Nurses Interest Group	Osgoode East
Pediatric Nurses Interest Group (PedNIG)	Tom Thomson
Provincial Nurse Educators Interest Group (PNEIG)	Simcoe West
Rainbow Nursing Interest Group (RNIG)	Governor General Parlour
Retired Nurses' Interest Group (RETNIG)	Osgoode West
Staff Nurse Interest Group (SNIG)	Simcoe East
International Nursing Interest Group (INIG)	RNAO – boardroom A/B
Men in Nursing Interest Group (MINIG)	RNAO – CEO boardroom

11:30 a.m. – 1:00 p.m.

Closing Keynote Presentation – TORONTO BALLROOM

The legalization of cannabis: What does this mean for nursing practice?

Moderator: Dr. Doris Grinspun, RN, MSN, PhD, LLD(hon),Dr(hc) O.ONT.

Panel:

Amy Archer RN, CHPCN(C), Palliative Pain and Symptom Management Consultant (PPSMC)

Jann Houston M.Sc.N., RN, CCHN(C)
Director – Strategic Support, Toronto Public Health

Colin MacRae, RN, CPMHN (C), MA, PGDIP (Ed), FHEA, Mental Health Nursing Professor,
University of New Brunswick-Humber College

The Honourable Ratna Omidvar, C.M., O.Ont.
Senator for Ontario, The Senate of Canada

RNAO Recognition Awards

Student of Distinction

This award honours a current undergraduate nursing student who has made significant contributions acting as a change agent, resource, and mentor within his/her undergraduate nursing program. This student also shows active involvement in RNAO regions/chapters/interest groups.

Brock University nursing student **Gwendolyn French** has always been passionate about health care. Since joining RNAO in 2016, she has also become passionate about political advocacy. As the communications executive network officer for RNAO's Niagara chapter, Gwendolyn promotes important health-care issues on social media, such as national pharmacare, the minimum wage, and community health issues. She also helps to organize events. She most recently organized a panel discussion about the safe use and legislation around cannabis at the Niagara chapter's annual general meeting (AGM) last October. Gwendolyn does not shy away from speaking out at RNAO events – including the association's Queen's Park Day and spring AGM – about social determinants of health and health equity. "It's important that MPPs recognize the importance of making sure the policy that is being developing is in the best interests of Ontarians," she says. Now in her last year of her nursing undergrad, Gwendolyn is still thinking about where she wants to work, but is sure she'll love anything she does in nursing.

RNAO Leadership Award in Student Mentorship

The RNAO leadership award in student mentorship goes to the RN or NP who demonstrates outstanding practice as a nurse educator, mentor or preceptor in health care. This individual enhances the role of the RN and/or NP by encouraging critical thinking, evidence-informed practice, and initiates discussion about important nursing issues that encourage action and change. This individual is resourceful, adapting teaching to maximize learning opportunities that will contribute to student engagement and action.

As an RN with more than 25 years of experience in several practice areas, and as the former Region 7 representative on RNAO's board of directors, **Claudette Holloway** believes mentoring students of all ages strengthens her nursing career. "I receive a lot of benefit from encouraging others to pursue and reach their goals," she says. Whether it is providing a listening ear, nursing specialty workshops, or supporting RNAO student membership drives at Ryerson University and Trent University, Claudette is always there to provide support. She also takes time to teach students about the importance of getting politically involved to make change happen. "(Leadership is) encouraging students of all ages to realize if we really want to change things in health care, we have got to get actively involved politically." Claudette has mentored students who have gone on to do great things in nursing, including one student (Janson Chan) who created a free program for autistic teens, inspired by his younger brother. She says she will never stop mentoring. "I will continue to mentor anyone that I can," she says.

RNAO Leadership Award in Nursing Administration

The RNAO Leadership Award in Nursing Administration is offered to the RN or NP who provides exemplary nursing management by acting as a change agent, resource, and mentor within their professional setting. This individual actively collaborates with health-care teams to enhance patient care through the development and implementation of innovative and creative strategies.

Sarah Ellis is the chief nursing officer and BPSO lead at Grey Bruce Health Unit. Within her organization, she has provided opportunities for nurses to take on leadership roles by being

part of a variety of workplace committees. She encourages her staff to become part of the BPSO team, and attends, participates in, and represents her organization at RNAO events, including the IABPG Summer Institute, ACPF forums, BPSO forums, and BPG champion workshops. She plans an annual Nursing Week event as part of Grey Bruce Nursing Practice Network to share details of her work with RNAO BPGs. Sarah also invited RNAO CEO Doris Grinspun to visit Grey Bruce Health Unit last fall to promote the association and its policies to her colleagues and staff. She says leadership is something any nurse can aspire to. “I think everybody can be a leader.” Sarah is an advocate for nurses working to their full scope of practice. She also works with the Grey Bruce community through a variety of public health programs, including the vaccine preventable diseases program, school health and harm reduction.

RNAO Leadership Award in Nursing Education (Academic)

The RNAO Leadership Award in Nursing Education (Academic) is awarded to the RN or NP who practises excellence as a nursing educator in a college or university setting. This individual enhances the image of nursing by encouraging critical thinking, innovation and debate about important nursing issues, and acts as a role model and mentor in their work environment.

Sheila O’Keefe-McCarthy says that being an educator means learning as much from her students as they learn from her. As a professor at Brock University, she helps to inspire and educate her students by sharing her years of experience. She doesn’t shy away from the good, the bad and the ugly in nursing, and lets students know it’s important to learn about the reality of tough days, and how to get through them. Sheila has worked as an RN since 1982 in various clinical areas, including hematology, neurology, GI-medicine, ER and ICU, and continues to work on a part-time basis. She says it helps her connect with her students because they know she understands the current nursing landscape. She works hard to get to know her students on a personal level so she can motivate them to reach their full potential. She wants to arm the next generation with all the tools, skills and abilities they’ll need to be successful nurses. “They’re going to look after me, and I want them to know what to do,” she says.

RNAO Leadership Award in Nursing Education (Staff Development)

The RNAO Leadership Award in Nursing Education (Staff Development) is awarded to the RN or NP who practises excellence as a nurse educator in a health-care setting. This individual enhances the role of nursing by encouraging critical thinking, innovation and debate about important nursing issues, and acts as a role model and mentor in their work environment.

Gillian Strudwick admits that nursing was a pragmatic choice. After initially studying kinesiology, she switched to nursing because she felt she’d have a better chance at finding a job after graduation. “I’m grateful that my very practical brain made this switch because it’s been amazing,” she says. Gillian currently works as a project scientist in information management at Toronto’s Centre for Addiction and Mental Health (CAMH). Although she has only been an RN for 10 years, she’s already found herself drawn to mentoring new nurses because she knows it can be difficult to find support, and she appreciates being able to share her knowledge with those who are struggling. Gillian has mentored a variety of nurses, from RPNs to RNs, advanced practice clinicians, managers, specialists, as well as nursing students. She also works with a government service called Job-Start to help newcomers to Canada navigate the system and become certified to practise here. She helps prepare newcomers for interviews, provides support during the registration process, and participates in buddy shifts (working alongside new nurses as a mentor to provide support) to help newcomers with their confidence. Gillian has mentored nurses who have come from around the world, including Nigeria, Cameroon, Philippines, India, Italy and the U.S.

RNAO Leadership Award in Nursing Research

The RNAO Leadership Award in Nursing Research is awarded to the RN or NP who actively

explores innovative ideas in nursing research. This individual enhances the image of nursing by engaging in efforts to disseminate research knowledge, and is in dialogue with RNs, NPs and nursing students to identify nursing research needs. The member has a proven ability to attract research funding and actively participates in the activities of professional organizations.

Doris Howell is a dedicated researcher working to help cancer patients improve their health while living with and beyond the disease. Her early research focused on how to help patients navigate the health system, but she's now focused on how to help empower and enable patients to self manage their post-cancer and treatment symptoms early in the course of treatment and post-treatment chronic symptoms. For Doris, her research has always been focused on patients. "It's always been about trying to transform health-care systems toward whole person care," she says. Doris was the first RN to be appointed as a senior scientist for the Ontario Cancer Institute and the first Endowed RBC Chair, Oncology Nursing Research in Canada. She has been published in more than 100 peer reviewed publications, six book chapters, and 32 other publications. She has also given hundreds of presentations in Canada and internationally. In her role as a professor, she developed a graduate oncology elective at the Lawrence S. Bloomberg School of Nursing, University of Toronto, where students learn to use theory and evidence to address common issues associated with cancer treatment.

RNAO Leadership Award in Political Action

The RNAO Leadership Award in Political Action is awarded to the RN or NP who acts as a change agent, resource, and mentor through political action. This individual is actively involved in discussions with MPPs/MPs, other decision-makers, and media that benefit the health of individuals or communities.

For **Marilou Gagnon**, nurse, advocate, associate professor, and president of the Harm Reduction Nurses Association (HRNA), political advocacy is not something you can learn in a textbook. You have to see the work that is being done by organizations and communities. "First you need to learn from people who do (political action) very well, and that often means going outside, not just staying inside nursing," she says. In her journey to become an advocate for HIV/AIDS, harm reduction, and most recently supervised injection services (SIS), Marilou got involved with the Canadian Association of Nurses in HIV/AIDS Care (CANAC), first as a regional representative for the province of Quebec, and then as an expert advisor in research, policy and advocacy. She found her passion for SIS in 2015, when she started the Coalition of Nurses for Supervised Injection Services (now the HRNA). Last fall, Marilou helped open and operate a pop-up overdose prevention site in Ottawa. Since then, she has continued to speak out about SIS, harm reduction and HIV, writing op-eds for multiple publications, and doing media interviews. "Find what you feel very passionate about and get involved," she offers as advice to anyone interested in political action.

RNAO Chapter of the Year

The RNAO chapter of the year award goes to the RNAO chapter or region without chapters (RWC) that best exemplifies a commitment to RNAO through active promotion, participation, and initiation of projects that promote healthy public policy and the roles of the RN or NP in their region. The chapter or RWC uses a variety of media and communications tools to effectively engage with their region, influence decision-makers, mobilize RNs/NPs for action, and increase membership. The chapter or RWC demonstrates strong leadership in its nursing and health-care community. The chapter's activities reflect RNAO's ENDS.

To say the **Hamilton chapter** is active in its community is an understatement. Chapter members have attended a variety of local events this past year, including the March for Science, a Take Back the Night rally, and also laid a wreath at a local Remembrance Day service. Hamilton members have contributed articles to *The Hamilton Spectator* for its annual Nursing Week insert for the past 15 years. In 2017, the chapter hosted a wide variety of events

that targeted all of its membership, from nursing students to career RNs and NPs. Its executive also met with politicians during Queens Park on the Road and Take Your MPP To Work events. The chapter works closely with other chapters, often inviting them to attend Hamilton events while at the same time attending events hosted by other chapters and interest groups. According to current president Irene Molenaar, the local executive is a spirited team. “We are a force to be reckoned with,” she says, adding they will continue to champion health care and advocate on behalf of the Hamilton community, as well as RNAO across the province.

Interest Group of the Year

This award honours an interest group that best demonstrates commitment to the nursing profession and active participation in RNAO initiatives. The interest group effectively communicates through a variety of means, which influences decision-makers and mobilizes RNs and NPs for action. This interest group exhibits exemplary teamwork and strong leadership within the nursing and health-care community.

If you ask **Ontario Correctional Nurses’ Interest Group** (OCNIG) president Shirley Kennedy why the group has been so successful in recent years, she will tell you it’s the ongoing outreach to nursing students and media, and the collaboration with RNAO home office. Since 2015, the interest group has grown from 113 members to 579 (445 of whom are nursing students). That represents a more than twofold increase in just a few years. “I don’t think we’ve ever turned down an invitation to a student event,” Shirley says, noting they have attended career days for nursing students and spoken to students in class. Members of OCNIG have also had letters to the editor published in the *Globe and Mail* and *Hamilton Spectator*. In addition, the group has collaborated with RNAO home office to write and send action alerts to the minister of community safety and correctional services about much-needed changes in Ontario’s prison system. “We’ve done an incredible job...sharing our concerns, our knowledge, and our expertise with correctional decision-makers,” Shirley says, adding that she hopes in five years, the challenges in corrections – including segregation, overcrowding, and treatment of mental health – are history.

Student of Distinction

This award honours a current undergraduate nursing student who has made significant contributions acting as a change agent, resource, and mentor within his/her undergraduate nursing program. This student also shows active involvement in RNAO regions/chapters/interest groups.

Brock University nursing student **Gwendolyn French** has always been passionate about health care. Since joining RNAO in 2016, she has also become passionate about political advocacy. As the communications executive network officer for RNAO’s Niagara chapter, Gwendolyn promotes important health-care issues on social media, such as national pharmacare, the minimum wage, and community health issues. She also helps to organize events. She most recently organized a panel discussion about the safe use and legislation around cannabis at the Niagara chapter’s annual general meeting (AGM) last October. Gwendolyn does not shy away from speaking out at RNAO events – including the association’s Queen’s Park Day and spring AGM – about social determinants of health and health equity. “It’s important that MPPs recognize the importance of making sure the policy that is being developing is in the best interests of Ontarians,” she says. Now in her last year of her nursing undergrad, Gwendolyn would like to gain experience at the bedside and utilize her knowledge to enrich the future of nursing through education and eventually develop and influence healthy public policy.

RNAO Interest Groups – Carmichael/Jackson Room

Interest Group Name	Booth Number
Clinical Nurse Specialist Association of Ontario	1
Community Health Nurses' Initiatives Group	2
Complementary Therapies Nurses Interest Group	3
Diabetes Nursing Interest Group	4
Gerontological Nursing Association Ontario	5
International Nursing Interest Group	6
Maternal Child Nurses Interest Group	7
Mental Health Nursing Interest Group	8
Nursing Research Interest Group	9
Ontario Correctional Nurses Interest Group	10
Ontario Nurses for the Environment	11
Ontario Nursing Informatics Group	12
Ontario Wound Care Interest Group	13
Provincial Nurse Educator Interest Group	14
Rainbow Nursing Interest Group	15
Retired Nurse Interest Group	16
Staff Nurse Interest Group	17
Parish Nurse Interest Group	18

2018 Exhibit Program

Fees paid by the 2018 exhibitors and sponsors assist the association with costs incurred.

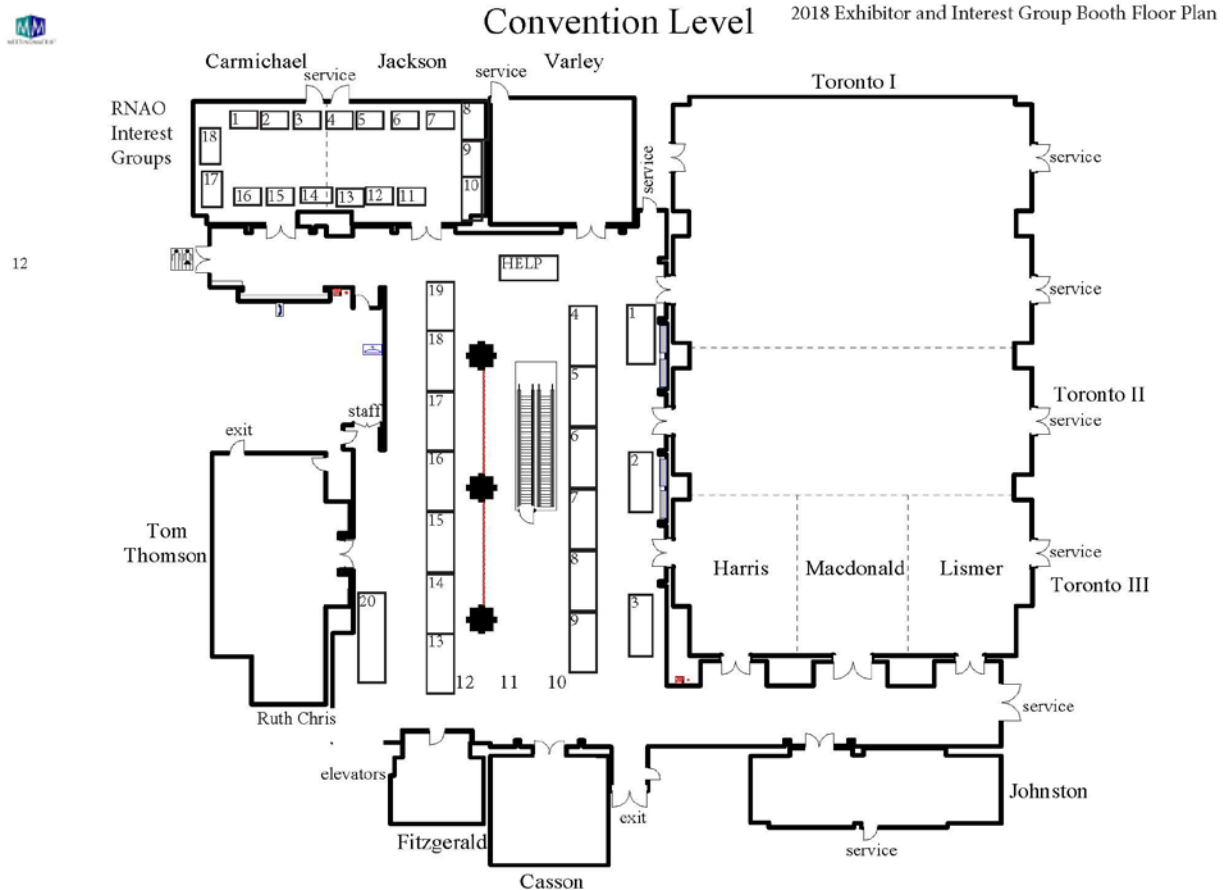
In appreciation, we ask that you consider their support when you and/or your organization are making future purchasing decisions.

Toronto Ballroom Foyer:

Organization	Booth Number
Help Desk	H (by Varley)
HUB	1
FNIHB – Department of Indigenous Services Canada	2
Environmental Health Programs – Ontario, Health Canada	3
South West LHIN	4
Calmoseptine	5
Lambton College	6

Healthcare of Ontario Pension Plan (HOOPP)	7
Canadian Nurses Association	8
Information and Privacy Commissioner of Ontario	9
The Lung Association of Ontario	10
D'Youville College	11
Registered Nurses Foundation of Ontario	12
Nursing Leadership Network of Ontario	13
RNAO Nursing and Health Policy	14
RNAO IABPG & Long Term Care Initiative	15
RNAO Communications	16
RNAO Membership	17
Healthcare Workers Financial	18

2018 EXHIBITOR & INTEREST GROUP FLOOR PLAN



Our thanks

RNAO extends its sincere thanks and appreciation to the following:

2018 AGM Planning Committee

2018 AGM hosts, RNAO Kingston Chapter

Charlotte Noesgaard – Parliamentarian

Arlene de la Rocha – Chief Scrutineer

Scrutineers

Consultation Representatives

RNAO Provincial Nominations Committee

RNAO Provincial Resolutions Committee

RNAO Interest Groups

Exhibitors and Sponsors

Claudette Holloway – O' Canada

The Intentions

Hilton Toronto Hotel

PSAV[®] Presentation Services

Robinson Show Services Inc.

Our opening ceremonies entertainment:

Internationally renowned, Red Sky Performance is Canada's leading company of contemporary Indigenous performance in dance, theatre, music, and media. This multi-award winning company was founded in 2000 by Artistic Director Sandra Laronde of the Teme-Augama-Anishinaabe.
[www. redskyperformance.com](http://www.redskyperformance.com)