



Registered Nurses'
Association of Ontario
L'Association des
infirmières et infirmiers
autorisés de l'Ontario

RNAO's 91st Annual General Meeting

May 5-7, 2016

Hilton Toronto, 145 Richmond Street, Toronto

Attendees are asked to refrain from wearing scent or scented products while attending RNAO AGM or associated meetings

Thursday, May 5, 2016

3:00 – 7:00pm General Registration (**hotel main lobby**)
Mandatory Registration for Representatives (**hotel main lobby – separate registration**)

Opening Ceremonies and Processional, followed by Wine & Cheese Reception

5:55 – 6:10pm	(a) Board of Directors / Minister of Health & Long Term Care / Provincial Chief Nursing Officer / PC Party Leader / NDP Leader / Past Presidents / Past Executive Directors /Lifetime Achievement Award members. - All move to CARMICHAEL/JACKSON room to assemble for opening processional	
5:45 – 6:10pm	(b) Guests not participating in the opening processional are asked to move to TORONTO BALLROOM , and to take their seats. <i>Please note there will be 2-3 rows of reserved seats at the front, for processional guests/speakers. Thank you for your cooperation</i>	
6:10 – 6:12pm	Welcoming Remarks from Hosts – RNAO Region 6	H. Swirsky/K. Persad Ford
6:10 – 6:14pm	Procession enters Toronto Ballroom (<i>accompanied</i>)	VIPs
6:14 – 6:17pm	Singing of O' Canada	A. Muir
6:17 – 6:19pm	Introduction of Dr. Vanessa Burkoski, RNAO President and Dr. Doris Grinspun, RNAO Chief Executive Officer	H. Swirsky/K. Persad Ford
6:19 – 6:30pm	Recognition of guests in the audience	V. Burkoski
6:30 – 6:32pm	Introduction of Hon. Dr. Eric Hoskins Ontario Minister of Health & Long-Term Care	V. Burkoski
6:32 – 6:37pm	Hon. Dr. Eric Hoskins	E. Hoskins
6:37 – 6:39pm	Introduction of Patrick Brown Leader of Official Opposition, Progressive Conservative Party	V. Burkoski
6:39 – 6:44pm	Patrick Brown	P. Brown
6:44 – 6:46pm	Introduction of Andrea Horwath Leader of Ontario New Democratic Party	V. Burkoski
6:46 – 6:51pm	Andrea Horwath	A. Horwath
6:51 – 6:53pm	Introduction of Dr. Judith Shamian, President, International Council of Nurses	V. Burkoski
6:53 – 6:58pm	Dr. Judith Shamian (video greetings)	J. Shamian
6:58 – 7:00pm	Introduction of Kaiyan Fu, Provincial Chief Nursing Officer	V. Burkoski
7:00 – 7:03pm	Kaiyan Fu	K. Fu
7:03 – 7:10pm	Entertainment	
7:10 – 7:15pm	Entertainment escorts processional as it exits ballroom	

7:15 – 9:00pm Stakeholders' Wine & Cheese Reception (**Toronto Ballroom Foyer**) ALL
(Cash bar)

Resolution Session for Consultation Representatives will be held in the Tom Thomson and Carmichael/Jackson rooms from 8:15 - 9:00pm.

Friday, May 6, 2016 *Annual General Meeting 8:30am – 4:30pm*
TORONTO BALLROOM

7:30am – 3:00pm Registration (**hotel main lobby**)

8:30 – 8:45am General Remarks (**Toronto Ballroom**) V. Burkoski
- Declaration of any conflict of interest
- Roll Call
- Minutes of 2015 AGM, presented for acceptance

8:45 – 9:30am CEO Report D. Grinspun

9:30 – 9:50am Finance Committee Report Chair – R. Crocker-Ellacott
- Audited Financial Statements Partner, KPMG LLP

9:50 – 10:00am Provincial Nominations Committee Report Chair – R. Seidman-Carlson

10:00 – 10:10am Provincial Resolutions Committee Report Chair – J. Chandler
- *2016 Proposed Resolutions will be discussed at afternoon Consultation Session*

10:10 – 10:15am Bylaws Committee Report Chair – D. Wood

10:15 – 10:35am Break and Exhibits (**in Foyer, Tom Thomson, Carmichael & Jackson rooms**)

10:35 – 11:00am Election Results:
- Governance items V. Burkoski
- Board of Directors' nominations & Committee nominations R. Seidman-Carlson

11:00am CLOSE OFFICIAL AGM BUSINESS V. Burkoski

11:00am – 12:00pm Members' Voices All

12:00 – 1:45pm **LUNCH BREAK**
View Exhibits (**Foyer, Tom Thomson, Carmichael & Jackson rooms**)

12:15 – 1:45pm **Leadership Lunch**
(If you have purchased a ticket, you will be walking to the St. Andrew's Club & Conference Centre, on University Avenue and King, in the Sun Life Financial Tower. RNAO Staff will be pleased to guide/accompany you)

12:15 – 1:45pm **Leadership Lunch**
Welcoming remarks: Akuah Frempong, President, Nursing Students of Ontario
"Aesthetic Experiences of Mental Illness"
Guest speaker: Holly Painter
"Perspective"
Guest speaker: Leighanne Swance

Presentation of RNAO Recognition Awards* V. Burkoski
- Leadership Award in Student Mentorship
- Student of Distinction
- RNAO Promotion in a Nursing Program Award
(* please refer to this Program of Events for bios of the winners)

1:45 – 1:47pm	Recall Meeting to Order - Declaration of any conflict of interest	V. Burkoski
1:47 – 3:25pm	CONSULTATION SESSION - 2016 Proposed Resolutions	V. Burkoski Chair, J. Chandler
3:25 – 3:55pm	<u>Presentation of RNAO Recognition Awards*</u> - Leadership Award in Nursing Administration - Leadership Award in Nursing Education (Academic) - Leadership Award in Nursing Education (Staff Development) - Leadership Award in Nursing Research - Leadership Award in Political Action - Chapter of the Year Award - Interest Group of the Year Award (* <i>please refer to this Program of Events for bios of the winners</i>)	V. Burkoski & D. Grinspun
3:55 – 4:10pm	Acclaimed\Elected Candidates, 2016-2018 Board of Directors	Candidates
4:10 – 4:25pm	President's Report	V. Burkoski
4:25 – 4:27pm	Pass the Gavel	V. Burkoski
4:27 – 4:32pm	Incoming President's Address	C.Timmings
4:32 – 4:34pm	2017 AGM Hosts – Provincial Nurse Educator Interest Group	
4:34 – 4:36pm	Closing Remarks and Adjournment	V. Burkoski

PLEASE CLEAR THE ROOM PROMPTLY – thank you!

6:00 – 7:00pm	President's Reception - <i>Cash bar</i> (Toronto Ballroom Foyer)
7:00 – 9:30pm	Annual President's Banquet and presentation of RNAO Awards (Toronto Ballroom)

Saturday, May 7, 2016

8:00 – 11:00 am (unless otherwise noted)

Interest Groups Meetings in various meeting rooms – and will be signposted on the day

Group Name	Meeting Space
CHNIG (Community Health Nurses' Initiatives Group)	Carmichael/Jackson
CTNIG (Complementary Therapies Nurses' Interest Group)	Richmond (3 rd floor)
INIG (International Nursing Interest Group)	Lismer
MCNIG (Maternal Child Nurses' Interest Group)	Osgoode (3 rd floor)
MINIG (Men in Nursing Interest Group)	Home Office
NSO (Nursing Students of Ontario)	Gov. General (2 nd floor)
OCHNA (Ontario Campus Health Nursing Association)	Adelaide (3 rd floor)
OCNIG (Ontario Correctional Nurses' Interest Group)	MacDonald
PNEIG (Provincial Nurse Educator Interest Group)	Tom Thomson
PNIG (Parish Nursing Interest Group)	Fitzgerald
RNIG (Rainbow Nursing Interest Group)	Opus (3 rd floor)
SNIG (Staff Nurse Interest Group)	Harris

11:15 am – 1:15 pm

Closing Keynote Presentation – TORONTO BALLROOM

First Nations Peoples in Canada: Challenges and Opportunities

RNAO's Annual General Meeting closing keynote presentation focuses on the challenges and opportunities of First Nations Peoples in Ontario related to their health and well-being.

The presentation includes a screening of the documentary, *In This Heaven/Rings of Fire*, which focuses on the challenges of opioid addiction and treatment in Ontario's remote First Nations communities. It explores the tireless efforts of Mae Katt, a First Nations nurse practitioner, and a mobile drug addiction treatment program she runs in the under-served Matawa First Nations communities of northern Ontario. Following the documentary, which was produced and directed by Candida Paltiel, a panel will discuss the broader context of the health, social conditions and economic circumstances of First Nations Peoples, including proposed solutions to advance their well-being.

Moderator: Duncan McCue, CBC reporter and correspondent

Panel:

Marty Beardy, Resident of Bearskin Lake

Chief Isadore Day, Ontario Regional Chief

Doris Grinspun, RNAO CEO

Mae Katt, Primary Health Care Nurse Practitioner (featured in documentary)

Chief Wayne Moonias, Neskantaga First Nation

Also in attendance: Candida Paltiel, Producer, Filmmaker and Writer

RNAO RECOGNITION AWARDS TO BE PRESENTED AT FRIDAY LEADERSHIP LUNCHEON

Leadership Award in Student Mentorship

This award is given to the RN who practises excellence as a nursing educator or preceptor in a health-care organization. This individual enhances the image of nursing by encouraging critical thinking, innovation and debate about important nursing issues, and acts as a role model and mentor.

As an RN with experience in both hospital and public health nursing, **Shannon Carney** is proud to be a nursing leader and mentor. Currently working as a health promotion specialist at Toronto Public Health (TPH), Carney plans, develops and evaluates chronic disease and injury prevention services. She has also delivered hundreds of lectures, workshops and presentations to staff, students, health professionals and the public. The winner of the Canadian Union of Public Employees' Local 79's *Peer Recognition Award* in 2014, and a participant in TPH's Leadership Mentorship program in 2015, Carney has trained approximately 800 TPH staff to implement a tobacco cessation policy, and has worked as a Training Enhancement in Applied Cessation Counselling and Health (TEACH) faculty member to facilitate a comprehensive course on tobacco dependence. When asked what advice she has for nurses or students who want to take on a mentorship or leadership role, she says the key is to "...follow your passion. Nurses are powerful leaders who can transform the health-care system."

Student of Distinction Award

This award honours a nursing student who is a role model for professionalism and contributes to the advancement of RNAO/NSO within his/her nursing program. This student also acts as a resource for other nursing students.

Amanda Sissons is never hard to find at RNAO events. As the RNAO student delegate for the University of Toronto, Sissons has helped promote and organize several events for RNAO, including an on-campus documentary screening for students of *In this Heaven*, workshops on resume building, and lunch-and-learn sessions on health policy. Having recruited nearly 300 students, Sissons works hard to actively encourage enrolment with RNAO and spread the word about important initiatives through social media and in-class announcements. Asked why she first got involved with the association, Sissons shares that she really had an interest in health policy and thought this would be a great way to develop her nursing career. "I thought this would be a great opportunity to work with health policy leaders who are also nurses," says Sissons, whose goal is to develop policy around access to primary care. Currently working as a researcher at Toronto's St. Michael's Hospital, Sissons' advice to nursing students is to seek out opportunities at RNAO and network with peers from your chapter or region.

RNAO Promotion in a Nursing Program Award

This award is given to a nursing education program in Ontario that has made outstanding contributions to the nursing profession by promoting RNAO within its program and/or the school campus, participating in RNAO activities and within RNAO structures, and raising the profile of RNAO and nursing through political, media and public activities.

With more than 32 students from the program actively involved in RNAO's Nursing Students of Ontario (NSO), other RNAO interest groups, and their local chapters, as well as several faculty members having held former RNAO executive positions, the **Ryerson, Centennial, George Brown Collaborative Nursing Degree Program** has made a real difference in the promotion of RNAO on campus. "We educate our students to be leaders and change makers to generate real social impact," says Usha George, dean of the faculty of community services at Ryerson University. Faculty members from the program have also demonstrated a strong commitment to RNAO's initiatives by speaking at association events and contributing to the development of RNAO's best practice guidelines. Students from Ryerson, Centennial and George Brown have been active in organizing workshops and membership drives for RNAO. Now with more than 410 RNAO undergraduate nursing student associates in the program, George says she is pleased with the partnership between the professional association and the collaborative program, adding students are the ones who benefit the most.

RNAO RECOGNITION AWARDS TO BE PRESENTED ON FRIDAY AFTERNOON, DURING THE AGM

Leadership Award in Nursing Administration

This award honours an RN who shows exemplary management skills in an acute, long-term care, community, education, research or other setting. This individual actively implements groundbreaking ideas to enhance patient care, and demonstrates a commitment to improve the quality of health care.

Maria De Leon believes good leaders start from the bottom and work their way to the top. "Nurses who are going to take on a leadership role, they need to understand nursing first... They need to work their way up so, when they reach the top, they can relate and understand the process and operation," says De Leon. A nurse for 18 years, De Leon worked in many nursing roles before earning her current position as a full-time patient care manager at Mississauga Halton Community Care Access Centre (CCAC). As a manager, De Leon provides support to care co-ordinators, and reviews and recommends policy and program redesigns to meet patient needs. Dedicated to making a difference in patient care, De Leon presented at the Hospice Palliative Care Ontario (HPCO) conference in 2013, helping others find new ways to empower patients. De Leon has also collaborated with Mississauga Halton CCAC quality, safety and risk management program managers to ensure quality and safety issues are being addressed and the best practice guidelines are being followed. Currently a faculty instructor at Seneca College, De Leon sees herself continuing to mentor future leaders in nursing.

Leadership Award in Nursing Education (Academic)

This award is presented to the RN who excels as a nursing educator in a university or college. The winner enhances the image of nursing by encouraging critical thinking, innovation and debate on nursing issues, and acts as a role model and mentor.

A nurse educator for 18 years in various roles, **Kimberly LeBlanc** says the most rewarding part of teaching has been getting to watch students grow and develop passions of their own. "At the end of the day, if I can get one student to become passionate about what they do, I can improve the lives of many patients," says LeBlanc. Currently working as a Canadian Nurses Association (CNA) certified enterostomal therapy nurse with KDS Professional Consulting, and as an adjunct professor at London's Western University, LeBlanc spends most of her time teaching nurses and physicians how to better manage wounds, ostomies and continence issues, while also lecturing and supervising student research projects. Described by her nominators as an excellent mentor and colleague, LeBlanc also keeps herself busy by travelling the world to give presentations about important health-care issues at national conferences, including two upcoming conferences in Brazil and Italy. With a long career ahead of her, LeBlanc's plan is to complete her doctoral studies and continue to build on her experiences in education, clinical work, and research.

Leadership Award in Nursing Education (Staff Development)

This award is presented to the RN who excels as a nursing educator in a health-care organization. This individual acts as a role model and mentor, and enhances nursing by encouraging critical thinking, innovation and debate.

From the very beginning, **Melanie Cates** has been a mentor to nurses. "I was frequently called on to orientate new staff and preceptor students," says Cates when she worked as a staff nurse and clinical nurse specialist at Thunder Bay Regional Health Sciences Centre (TBRHSC). This experience inspired her to shift from bedside nursing to a more formal teaching role, and eventually become a professional practice leader for TBRHSC, a position she still holds today. In this role, Cates helps train and mentor nurses to ensure they are upholding the standards of practice. She goes the extra mile to find opportunities and funding to provide ongoing education for new nurses. A certified emergency RN, Cates also lectures students on emergency nursing practice at TBRHSC and hosts best practice guidelines (BPG) champion workshops for her chapter. Although she admits she is nearing the end of her career, Cates says her age has not stopped her from continuing to upgrade her qualifications and attend educational sessions. "I really try and encourage people to be part of that ongoing learning that we signed on for when we became professionals," says Cates, who is not looking to hang up the stethoscope any time soon.

Leadership Award in Nursing Research

This award is presented to an RN whose work supports the implementation of innovative and progressive nursing practice that leads to positive patient and nurse outcomes.

Jennifer Stinson's love for research began when she realized she wanted to make an impact in nursing. "I was really passionate about research and the potential it has if it's translated back appropriately to change practice," she says, noting a big gap in the latest evidence and what is being used in everyday practice. Currently working as a nurse clinician scientist in child health evaluative sciences, and as an advanced practice nurse in the chronic pain program at Toronto's Hospital for Sick Children (SickKids), Stinson develops innovative clinical tools to help patients. Her most recent was a mobile app called *Pain Squad* that helps cancer patients track their pain and communicate more effectively with their health-care providers. She has also won the prestigious Canadian Institutes of Health Research (CIHR) New Investigator Award and is actively involved in the Canadian Pain Society. Stinson says one of her goals for the future is to help train aspiring nurse clinician scientists and to also create a culture where there are more positions like hers "...because those are the ones that are going to have an impact on practice."

Leadership Award in Political Action

This award recognizes an RN who initiates and partakes in political action that benefits the health of individuals, clients, or profiles or positively positions nursing.

Una Ferguson has been a member of RNAO for 16 years, and actively involved in Region 10 for more than 15 years. An RNAO board member for two terms (four years) beginning in 2011, Ferguson has become an important mentor for members and nursing students alike, encouraging all to take on leadership roles in RNAO. She is the brainchild behind Region 10's ongoing and very successful *Breakfast with the Politicians*, which began in 2003. Through her dedication, this event now happens annually on or before Nursing Week, and provides a forum for members to meet and discuss important issues with politicians at all levels of government. As the region's policy and political action executive network officer, Ferguson is a regular at events such as *Queen's Park Day*, *Queen's Park on the Road*, and *Take Your MPP To Work*. Described by her nominators as a "well-respected role model," Ferguson is always making sure colleagues and students who are new to political events feel included and feel that their voices have been heard. She understands the power of social media to engage with political decision-makers. That's why she created Region 10's Twitter and Facebook accounts. She also sees the value of technology for knowledge sharing, and initiated the use of Skype to enhance the involvement of, and communication between, members across Region 10's large catchment area.

Chapter of the Year

This award goes to the chapter or region without chapters that best demonstrates commitment to RNAO through active participation in RNAO initiatives.

RNAO's **Region 7** represents members in Toronto (East). It has increased its force over the past few years, with members attending rallies on housing, poverty, immigrant health, and refugee policy. Members also participated in media conferences on minimum wage, a national pharmacare program, BPG implementation, and safe injection services. Each year, representatives from Region 7 participate alongside other nurses in Toronto's Pride Parade. The launch of an initiative called Political Cafés has generated interest in municipal politics, and members continue their involvement in provincial political events such as *Queen's Park Day*, *Queen's Park on the Road*, *Take Your MPP To Work*, and all-candidate debates during elections. Through the two student executive leads, the region has developed a unique relationship with Ryerson University. The group has secured free space at Ryerson for RNAO meetings, and has increased student membership by at least 400 thanks to events on campus to raise awareness of RNAO. Region 7 supports individual members to become leaders. For example, students are sponsored to attend the annual Canadian Nursing Students' Association (CNSA) conference and RNFOO awards. The region also funded the student who launched the Autism Teenage Partnership last year to help autistic youth. Region 7 embraces different ways of communicating with members through social media, teleconferences, emails and regular meetings, and has seen a sharp increase in membership since 2014.

Interest Group of the Year

This award honours an interest group that demonstrates teamwork and leadership, influences decision-makers, and involves members in RNAO initiatives.

With more than 1,000 members across Ontario working hard to advocate for mental health, Kamini Kalia, president of the **Mental Health Nursing Interest Group** (MHNIG), says a lot of the group's success has come from actively engaging members. Whether it's hosting their annual general meeting (AGM) in different locations across the province, revitalizing their newsletter, or awarding bursaries to provide financial support to their membership, the group has steadily grown to a strong, united force. With the goal to promote mental health education, MHNIG has also helped launch numerous initiatives. Between 2014-2015, in partnership with RNAO and the Diabetes Nursing Interest Group, MHNIG provided webinars for care providers to manage chronic illness, diabetes and mental health issues. In addition, MHNIG executive members have assisted RNAO with the development of an educator's toolkit for undergraduate faculty who are teaching mental health. The interest group has also worked with the association's policy team in a letter-writing campaign to call for changes to the *Psychotherapy Act*. When Kalia thinks back to the accomplishments of the group, she says "it's been a pleasure to be a part of a group of passionate advocates for persons with mental illness."

RNAO Interest Groups – Carmichael/Jackson Room

Company	Booth Number
Ontario Correctional Nurses' Interest Group (OCNIG)	1
Staff Nurse Interest Group (SNIG)	2
Rainbow Nursing Interest Group	3
Pediatric Nurses Interest Group (PedNIG)	4
Community Health Nurses' Initiatives Group (CHNIG)	5
Complementary Therapies Nurses' Interest Group - CTNIG	6
Diabetes Nursing Interest Group (DNIG)	7
Nursing Research Interest Group (NRIG)	8
Mental Health Nursing Interest Group (MHNIG)	9
Maternal Child Nurses' Interest Group (MCNIG)	10
Ontario Nursing Informatics Group (ONIG)	11
Gerontological Nursing Association Ontario (GNAO)	12
Parish Nursing Interest Group (PNIG)	13
International Nursing Interest Group – (INIG)	14
Ontario Family Practice Nurses (OFFPN)	15
Clinical Nurse Specialist Association of Ontario (CNS-ON)	16

2016 Exhibit Program

Fees paid by the 2016 exhibitors and sponsors assist the association with costs incurred.

In appreciation, we ask that you consider their support when you and/or your organization are making future purchasing decisions.

Toronto Ballroom Foyer:

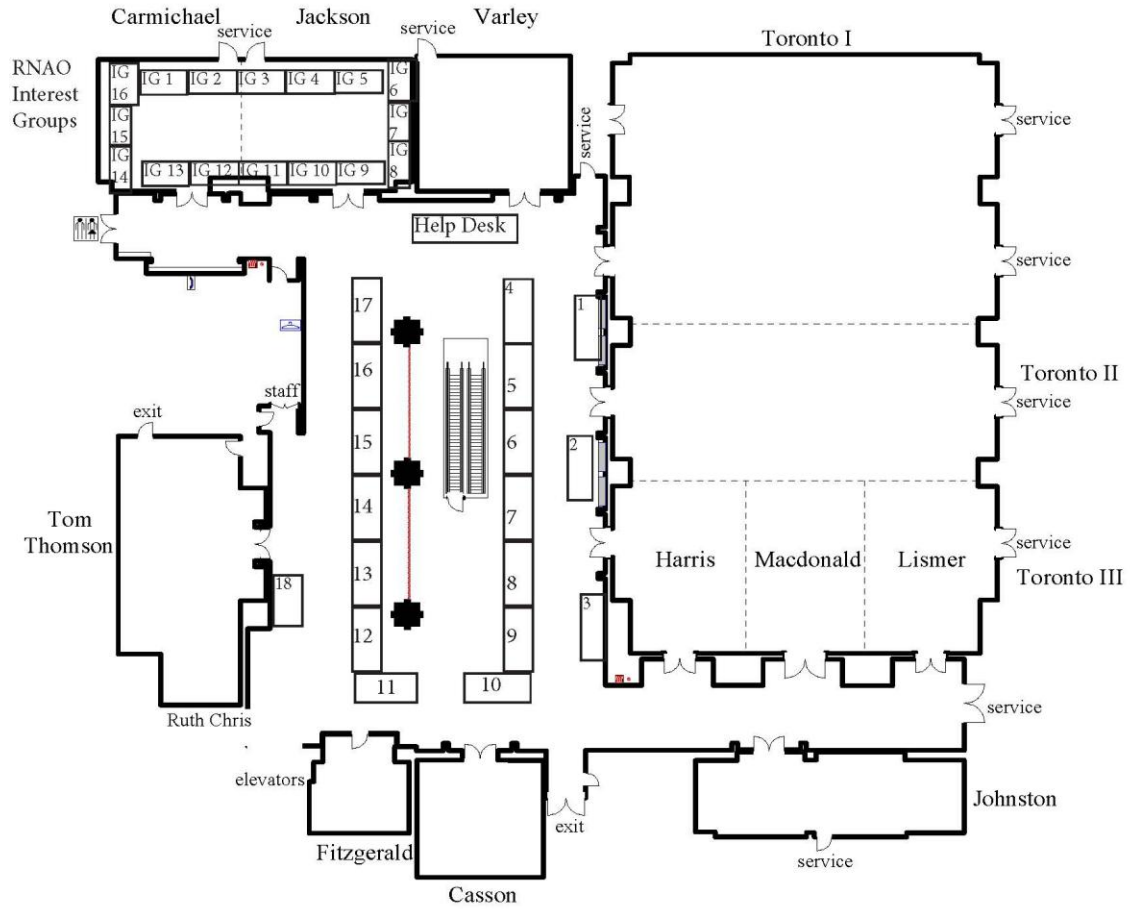
Company	Booth Number
RNAO Help Desk	H
RNAO Nursing & Health Policy	1
RNAO Communications	2
Photobooth	3
Registered Nurses Foundation of Ontario	4
RNAO Membership	5
de Souza Institute	6
Central Michigan University	7
Healthcare of Ontario Pension Plan (HOOPP)	8
Fifth Ave Collection Jewelry	9
Calmoseptine	10
Nurses Christian Fellowship Canada (NCF Canada)	11
Ontario Lung Association	12
Medtronic	13
D'Youville College	14
College of Nurses of Ontario (CNO)	15
RNAO IABPG & Long Term Care Initiative	16 & 17
Morneau Shepell	18

2016 EXHIBITOR & INTEREST GROUP FLOOR PLAN



Convention Level

2016 Exhibitor and Interest Group Booth Floor Plan



Our thanks

RNAO extends its sincere thanks and appreciation to the following:

2016 AGM Planning Committee
Including Region 6 Co-Chairs

RNAO Region 6

Riek van den Berg – Parliamentarian

Arlene de la Rocha – Chief Scrutineer

Scrutineers

Consultation Representatives

RNAO Provincial Nominations Committee

RNAO Provincial Resolutions Committee

RNAO Interest Groups

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