








Pressure Injury Prevention Diary

Name:		Date Initiated:			Initial Pressure Injury Risk Score		
Location of Wound 1:		Initial Size:			Initial Stage:		
Location of Wound 1:		Initial Size:			Initial Stage:		
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Pressure Injury Prevention Activities:							
	Turn every 2 hours when in bed	Shift positions often when sitting	Drink at least 6 glasses of fluid daily	Eat 3 balanced meals daily	Wound dressing intact	Wound pain	Well-fitting shoes
Date:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAYTIME							
5:00 – 6:00 AM							
6:00 – 7:00 AM							
7:00 – 8:00 AM							
8:00 – 9:00 AM							
9:00 – 10:00 AM							
10:00 – 11:00 AM							
11:00 AM – 12:00 PM							
12:00 – 1:00 PM							
1:00 – 2:00 PM							
2:00 – 3:00 PM							
3:00 – 4:00 PM							
4:00 – 5:00 PM							
5:00 – 6:00 PM							
EVENING							
6:00 – 7:00 PM							
7:00 – 8:00 PM							
8:00 – 9:00 PM							
9:00 – 10:00 PM							
10:00 – 11:00 PM							
11:00 PM – 12:00 AM							
Notes for healthcare professional:							