

RNAO Best Practice Guidelines

Clinical BPGs:

Chronic Diseases

1. Assessment and Management of Foot Ulcers for People with Diabetes
2. Assessment and Management of Pain
3. Assessment and Management of Pressure Injuries for the Interprofessional Team
4. Decision Support for Adults Living with Chronic Kidney Disease
5. Nursing Management of Hypertension
6. Nursing Care of Dyspnea: The 6th Vital Sign in Individuals with Chronic
7. Ostomy Care & Management
8. Reducing Foot Complications for People with Diabetes
9. Strategies to Support Self-Management in Chronic Conditions: Collaboration with Clients
10. Stroke Assessment Across the Continuum of Care
11. Supporting and Strengthening Families through Expected & Unexpected Life Events
12. Adult Asthma Care Guidelines for Nurses: Promoting Control of Asthma
13. Best Practice Guideline for the Subcutaneous Administration of Insulin in with Adults with Type 2 Diabetes
14. Care Transitions
15. Obstructive Pulmonary Disease (COPD)
16. Risk Assessment and Prevention of Pressure Ulcers

Women and Children

1. Breastfeeding Best Practice Guidelines for Nurses
2. Primary Prevention of Childhood Obesity
3. Woman Abuse: Screening, Identification and Initial Response
4. Working with Families to Promote Safe Sleep for Infants 0-12 Months of Age
5. Interventions for Postpartum Depression
6. Enhancing Healthy Adolescent Development
7. Promoting Asthma Control in Children

Addictions & Mental Health

1. Engaging Clients Who Use Substances
2. Integrating Smoking Cessation into Daily Nursing Practice
3. Supporting Clients on Methadone Maintenance Treatment
4. Assessment and Care of Adults at Risk for Suicidal Ideation and Behaviour
5. Crisis Intervention

Elder Care

1. Oral Health: Nursing Assessment and Interventions
2. Preventing and Addressing Abuse and Neglect of Older Adults: Person-Centred, Collaborative, System-Wide Approaches
3. Prevention of Constipation in the Older Adult Population
4. Prevention of Falls and Fall Injuries in the Older Adult
5. Promoting Continence Using Prompted Voiding
6. Promoting Safety: Alternative Approaches to Use of Restraints
7. Delirium, Dementia, and Depression in Older Adults: Assessment and Care

Foundational

1. Person and Family-Centred Care
2. End-of-Life Care During the Last Days and Hours
3. Assessment and Device Selection for Vascular Access
4. Care and Maintenance to Reduce Vascular Access Complications
5. Assessment and Management of Venous Leg Ulcers
6. Establishing Therapeutic Relationships
7. Facilitating Client Centred Learning

System & Healthy Work Environment BPGs:

1. Adopting eHealth Solutions: Implementation Strategies
2. Collaborative Practice Among Nursing Teams
3. Developing and Sustaining Effective Staffing and Workload Practices
4. Developing and Sustaining Interprofessional Health Care
5. Developing and Sustaining Nursing Leadership
6. Embracing Cultural Diversity in Health Care: Developing Cultural Competence
7. Managing and Mitigating Conflict in Health-Care Teams
8. Practice Education in Nursing
9. Preventing and Managing Violence in the Workplace
10. Preventing and Mitigating Nurse Fatigue in Health Care
11. Professionalism in Nursing
12. Workplace Health, Safety and Well-Being of the Nurse

Available BPG Order Sets

Chronic Diseases

Assessment and Management of Foot Ulcers for People with Diabetes

- Assessment of Diabetic Foot Ulcer BPG Order Set
- Management of Diabetic Foot Ulcer BPG Order Set

Assessment and Management of Pain

- Assessment of Pain in Adults BPG Order Set
- Assessment of Pain in Neonates, Children and Adolescents BPG Order Set
- Assessment of Pain in Older Persons BPG Order Set
- Assessment of Pain in Adults with Cancer BPG Order Set
- Assessment of Pain in Critically Ill Adult BPG Order Set
- Management of Pain in Neonates, Children and Adolescents BPG Order Set
- Management of Pain in Adults and Older Person BPG Order Set
- Management of Pain in Adults with Cancer BPG Order Set
- Management of Pain in Critically Ill Adult BPG Order Set

Assessment and Management of Pressure Injuries for the Interprofessional Team

- Assessment of Pressure Injuries Nursing/Interprofessional Team BPG Order Set
- Management of Pressure Injuries Nursing/Interprofessional Team BPG Order Set

Decision Support for Adults Living with Chronic Kidney Disease

- Decision Support for Adults Living with Chronic Kidney Disease BPG Order Set

Nursing Management of Hypertension

- Management of Hypertension BPG Order Set
- Targeted Hypertension Management Program BPG Order Set

Nursing Care of Dyspnea: The 6th Vital Sign in Individuals with Chronic Obstructive Pulmonary Disease (COPD)

- Assessment of Dyspnea in Individuals with Chronic Obstructive Pulmonary Disease BPG Order Set
- Management of Dyspnea in Individuals with Chronic Obstructive Pulmonary Disease BPG Order Set

Ostomy Care and Management

- Ostomy Care and Management BPG Order Set Pre-operative Phase
- Ostomy Care and Management BPG Order Set Post-operative Phase

Reducing Foot Complications for People with Diabetes

- Reducing Foot Complications for People with Diabetes BPG Order Set

Risk Assessment and Prevention of Pressure Ulcers

- Risk Assessment for Pressure Ulcers BPG Order Set
- Prevention of Pressure Ulcers BPG Order Set

Strategies to Support Self-Management in Chronic Conditions: Collaboration with Clients

- Assessment and Planning to Support Self- Management in Chronic Conditions BPG Order Set
- Management Strategies to Support Self- Management in Chronic Conditions BPG Order Set

Stroke Assessment Across the Continuum of Care

- Assessment of Stroke in Patients: With Acute Stroke/TIA (Emergency Department) BPG Order Set
- Assessment of Stroke in Patients: With Acute Stroke/TIA (Hospital In-Patient) BPG Order Set
- Assessment of Stroke in Patients: Receiving Acute Thrombolytic Therapy (r-tPA) BPG Order Set

Assessment of Stroke in Patients: For Secondary Prevention BPG Order Set
Management of Stroke in Patients: With Acute Stroke/TIA (Emergency Department) BPG Order Set
Management of Stroke in Patients: With Acute Stroke/TIA (Hospital In-Patient) BPG Order Set
Management of Stroke in Patients: Receiving Acute Thrombolytic Therapy (r-tPA) BPG Order Set
Management of Stroke in Patients: For Secondary Prevention BPG Order Set

Supporting and Strengthening Families through Expected and Unexpected Life Events

Assessment for Supporting and Strengthening Families through Expected and Unexpected Life Events BPG Order Set
Nursing Management to Support and Strengthen Families through Expected and Unexpected Life Events BPG Order Set

Women & Children

Breastfeeding Best Practice Guidelines for Nurses

Prenatal Care Breastfeeding Support BPG Order Set
Breastfeeding Support for Post Partum Care - In Hospital BPG Order Set
Breastfeeding Support for Post Partum Care - Post Hospital Discharge BPG Order Set
Breastfeeding for Population – Based Health Promotion BPG Order Set

Primary Prevention of Childhood Obesity

Assessment for the Prevention of Childhood Obesity BPG Order Set
Primary Prevention of Childhood Obesity BPG Order Set

Woman Abuse: Screening, Identification and Initial Response

Screening and Identification for Woman Abuse BPG Order Set
Initial Response to Woman's Disclosure of "NO" to Screening and/or Abuse BPG Order Set
Initial Response to Woman's Disclosure of "YES" to Abuse BPG Order Set

Working with Families to Promote Safe Sleep for Infants -0-12 Months of Age

Assessment of Families to Promote Safe Sleep for Infants BPG Order Set
Management of Families to Promote Safe Sleep for Infants BPG Order Set

Addictions & Mental Health

Engaging Clients Who Use Substances

Assessment of Clients Who Use Substances BPG Order Set
Management of Clients Who Use Substances (Brief Intervention) BPG Order Set
Management of Clients Who Use Substances (Comprehensive Intervention) BPG Order Set

Integrating Smoking Cessation into Daily Nursing Practice

Smoking Cessation BPG Order Set (Intensive Smoking Cessation Interventions, Duration: 10 + Minutes)
Smoking Cessation BPG Order Set (Minimal Smoking Cessation Intervention, Duration: 1 - 3 Minutes)

Elder Care

Delirium, Dementia & Depression in Older Adult: Assessment and Care

Screening for Delirium, Dementia and Depression in Older Adults BPG Order Set

Oral Health: Nursing Assessment and Intervention

Oral Health: Nursing Assessment and Planning BPG Order Set

Oral Health: Nursing Interventions and Evaluation BPG Order Set

Preventing and Addressing Abuse and Neglect of Older Adults: Person-Centred, Collaborative, System-Wide Approaches

Assessment to Prevent and Address Abuse and Neglect of Older Adults BPG Order Set

Management to Prevent and Address Abuse and Neglect of Older Adults BPG Order Set

Prevention of Constipation in the Older Adult Population

Assessment of Constipation in the Older Adult BPG Order Set

Prevention of Constipation in the Older Adult BPG Order Set

Prevention of Falls and Fall Injuries in the Older Adult

Assessment for the Prevention of Falls and Fall Injuries BPG Order Set

Management for the Prevention of Falls and Fall Injuries BPG Order Set

Promoting Continence Using Prompted Voiding

Assessment of Urinary Incontinence in the Older Adult BPG Order Set

Promoting Urinary Continence in the Older Adult BPG Order Set

Promoting Safety: Alternative Approaches to the Use of Restraints

Assessment of Clients for Risk of Restraint Use BPG Order Set

Prevention and Alternative Practices to Use of Restraints BPG Order Set

Foundational

End-of-Life Care During the Last Days and Hours

Assessment at the End-of-Life BPG Order Set

Management at the End-of-Life BPG Order Set

Assessment and Device Selection for Vascular Access

Assessment and Device Selection for Vascular Access BPG Order Set

Care and Maintenance to Reduce Vascular Access Complications

Assessment to Reduce Vascular Access Complications BPG Order Set

Nursing Management to Reduce Vascular Access Complications BPG Order Set

Person- and Family-Centred Care

Assessment and Planning for Person- and Family-Centred Care BPG Order Set

Management and Evaluation of Person- and Family-Centred Care BPG Order Set