

Join us for this free, informative **WEBINAR** for nurses
and other health-care providers

WEBINAR

Indigenous Mental Wellness

When: September 22, 2021 from 7:00 – 9:00 p.m. (ET)

Guest Speakers:



**Carol Hopkins, O.C.,
MSW LL.D(hons),
Chief Executive
Officer, Thunderbird
Partnership
Foundation**



**Brenda M Restoule,
Ph.D., C.Psych, Chief
Executive Officer,
First Peoples
Wellness Circle**

WEBINAR OBJECTIVES:

This webinar will offer two discussions: one on problematic substance use and a second on child and youth mental wellness. Each presentation will be 40 minutes and offer the participants:

1. Description of the link to the First Nations Mental Wellness Continuum Framework as a way of addressing problem statements and assumptions;
2. Key factors influencing culturally safe services and;
3. Recommendations for achieving Indigenous Wellness: Hope, Belonging, Meaning and Purpose.

For more information on the webinar and to register visit:

<https://myrnao.ca/indigenouswebinarseptember2021>