

# LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND  
CHANGE TEAMS MAKE LASTING  
IMPROVEMENTS IN HEALTH CARE

## Self-Efficacy in Evidence Based-Practice Activities (SE-EBP)

### *Tool's Purpose*

To measure individual's confidence in conducting the five steps of evidence-based practice: (1) identifying the clinical problem, (2) finding the evidence, (3) appraising the evidence, (4) applying the evidence, and (5) evaluating own practice (Chang & Crowe, 2011).

### *Brief Tool Description*

- 26 items scored using a 11- point Likert scale. Five subscales:
  - Identifying the clinical problem (5 items)
  - Finding the evidence (8 items)
  - Appraising the evidence (7 items)
  - Applying the evidence (4 items)
  - Evaluating own practice (2 items)

### *Knowledge to Action Framework Phase(s):*

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

*Available Languages:* English

### *Source to Access Tool:*

- [Click here for the tool manual](#)
- [Self-efficacy in Evidence Based-Practice Activities \(SE-EBP\) scale](#)
- Dr. Mary Anne Ramis
  - Current tool owner of SE-EBP scale
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*Development Article/ Psychometric Article*

Chang, A. M., & Crowe, L. (2011). Validation of scales measuring self-efficacy and outcome expectancy in evidence-based practice. *Worldviews on Evidence-Based Nursing*, 8(2), 106-115.