

# LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND  
CHANGE TEAMS MAKE LASTING  
IMPROVEMENTS IN HEALTH CARE

## Evidence-based Nursing Attitude Questionnaire (EBNAQ)

### *Tool's Purpose*

The Evidence-based Nursing Attitude Questionnaire (EBNAQ) measures nurses' attitudes towards EBNP according to their beliefs, feelings, and intentions to conduct EBN practice. The EBNAQ was initially developed to be used in Spanish-speaking contexts (Ruzafa-Martínez et al., 2011).

### *Brief Tool Description*

- 15 items, scored on a 5-point Likert scale. Three factors:
  - Beliefs and expectations towards evidence-based nursing practice (EBNP) (7 items)
  - Intention to conduct EBNP (4 items)
  - Feelings toward EBNP (4 items)

### *Knowledge to Action Framework Phase(s):*

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

*Available Languages:* English

### *Source to Access Tool:*

- [Link to Article](#) (tool is within the article)
- Dr. Maria Ruzafa-Martinez
  - Primary author of tool development paper
  - Email: maruzafa@um.es
  - **Disclaimer:** Primary author has requested to be contacted regarding the use of the EBNAQ tool.



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## *Development Article/ Psychometric Article*

- Ruzafa-Martínez, M., López-Iborra, L., & Madrigal-Torres, M. (2011). Attitude towards Evidence-Based Nursing Questionnaire: development and psychometric testing in Spanish community nurses. *Journal of Evaluation in Clinical Practice*, 17(4), 664-670.