LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND
CHANGE TEAMS MAKE LASTING
IMPROVEMENTS IN HEALTH CARE

Treatment Acceptability and Preferences Measure (TAP)

Tool's Purpose

To aid clients assess the acceptability of treatment options according to their appropriateness, suitability, effectiveness, and practicality. The Treatment Acceptability and Preferences (TAP)/ Treatment Perceptions and Preferences Measure (TPP) tool also contains questions asking individuals' preference or choice of a particular treatment (Sidani et al., 2009).

Brief Tool Description

- The original, more generic version of the Treatment Acceptability and Preferences (TAP) contains 4 items scored on a 5- point Likert scale. Each item pertains to a single attribute of a treatment:
  - Appropriateness
  - Suitability
  - Effectiveness
  - Convenience
- An updated version of the TAP applied on treatments related to insomnia has 9 items, scored on a 5-point Likert scale and has been renamed as the Treatment Perceptions and Preferences Measure (TPP). Four attributes:
  - Effectiveness (4 items)
  - Appropriateness (2 items)
  - Risks (1 item)
  - Convenience (2 items)
- After individuals have assessed each treatment, the TAP/TPP has two questions pertaining to: 1) preference for any specific treatment and 2) actual treatment choice.

- To use the TAP/TPP tool in the context of evidence-based practice guideline implementation, the construct of treatment options needs to be substituted with either:
  - the evidence-based practice guideline being implemented,
  - the individual practices within the guideline,
  - the interventions required to implement the guideline.
- This substitution has not been validated.

Knowledge to Action Framework Phase(s):

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

Available Languages: English

Source to Access Tool:
- [Assessment of Preferences for Treatment: Validation of a Measure](#) (tool description within the article)
- Dr. Souraya Sidani
  - Primary author of tool development paper suggested to contact her to help modify the tool if necessary.
  - Email: ssidani@ryerson.ca

Development Article/ Psychometric Article

- Sidani, S., Epstein, D. R., Bootzin, R. R., Moritz, P., & Miranda, J. (2009). Assessment of preferences for treatment: validation of a measure. *Research in nursing & health*, *32*(4), 419-431.