

# LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND  
CHANGE TEAMS MAKE LASTING  
IMPROVEMENTS IN HEALTH CARE

## Evidence-Based Practice Attitude Scale-50 (EPBAS-50)

### *Tool's Purpose*

The Evidence-Based Practice Attitude Scale – 50 (EBPAS-50) measures health care providers' attitudes pertaining to the implementation of innovation and evidence-based practices in mental health and social service settings (Aarons et al., 2012).

### *Brief Tool Description*

- 50 items scored on 5-point Likert scale. 12 Subscales:
  - Requirements (3 items)
  - Appeal (4 items)
  - Openness (4 items)
  - Divergence (4 items)
  - Limitations (7 items)
  - Fit (7 items)
  - Monitoring (4 items)
  - Balance (4 items)
  - Burden (4 items)
  - Job Security (3 items)
  - Organizational Support (3 items)
  - Feedback (3 items)

### *Knowledge to Action Framework Phase(s):*

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

*Available Languages:* English

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## Source to Access Tool:

- [Link to article \(tool is within the article\)](#)
- Dr. Gregory A. Arons
  - Tool developer
  - Emails: [gaarons@ucsd.edu](mailto:gaarons@ucsd.edu) or [gaarons@health.ucsd.edu](mailto:gaarons@health.ucsd.edu)

## Development Article/Psychometric Article

Aarons, G. A. (2004). Mental health provider attitudes toward adoption of evidence-based practice: The Evidence-Based Practice Attitude Scale (EBPAS). *Mental health services research*, 6(2), 61-74. <https://doi.org/10.1023/B:MHSR.0000024351.12294.65>

Aarons, G. A., Cafri, G., Lugo, L., & Sawitzky, A. (2012). Expanding the domains of attitudes towards evidence-based practice: the evidence based practice attitude scale-50. *Administration and policy in mental health and mental health services research*, 39(5), 331-340. <https://doi.org/10.1007/s10488-010-0302-3>