

LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND
CHANGE TEAMS MAKE LASTING
IMPROVEMENTS IN HEALTH CARE

Evidence-Based Practice Questionnaire: Attitudes to Evidence-Based Practice (EBPQ)

Tool's Purpose

The Evidence-Based Practice Questionnaire: Attitudes to Evidence-Based Practice (EBPQ) measures individuals' attitudes towards, knowledge of and implementation of evidence-based practice (EBP), and the extent to which barriers, such as lack of time in the working day, lack of appropriate skills and negative attitudes, may prevent greater uptake of EBP (Upton & Upton, 2006).

Brief Tool Description

- 24 items scored on a seven-point Likert scale. Three subscales:
 - Practice of evidence-based practice (six items)
 - Attitude towards evidence-based practice (four items)
 - Knowledge/skills associated with evidence-based practice (14 items)

Knowledge to Action Framework Phase(s):

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

Available Languages: English, Mandarin, French, Korean, Spanish

Source to Access Tool:

- [EBPQ Website](#) (requires permission and short application to access)
- Dr. Dominic Upton
 - Tool developer
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- Dr. Penney Upton
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Citing Literature

Development Article/ Psychometric Article

Upton, D., & Upton, P. (2006). Development of an evidence-based practice questionnaire for nurses. *Journal of advanced nursing*, 53(4), 454-458.