

 **NP** Nurse Practitioner
SYMPOSIUM 2025**12th annual NP Knowledge Exchange Symposium**

Friday, Nov. 28, 2025, 9:00 a.m. – 4:30 p.m. ET, virtual via Teams

Co-chairs:

Dr. Doris Grinspun, RN, BScN, MSN, PhD, LLD(hon), Dr(hc), DHC, DHC, FAAN, FCAN,
O.ONT
RNAO CEO

Veronica Segbedzie RN, NP-PHC, MPH (Nursing) ,CNE, BSc(Psych), SHBScN, PhD
candidate
NPIG Chair

Objectives of the 12th annual NP Knowledge Exchange Symposium are to inspire NPs to:

- showcase the impact of NPs in powering excellence
- highlight how NPs are instrumental in moving the need on the Quintuple Aim and sustainable development goals
- share strategies in advancing policy and political action to power the NP role across sectors and settings
- illustrate NP-led research and quality improvement, and its impact on policy, practice and the NP role

Time	Session
9:00 – 9:15 a.m. ET	Welcoming remarks from RNAO and NPIG and overview of the day Dr. Doris Grinspun, RN, BScN, MSN, PhD, LLD(hon), Dr(hc), DHC, DHC, FAAN, FCAN, O.ONT RNAO CEO NP Lhamo Dolkar, RN(EC), MN, CCN RNAO president

Time	Session
	Veronica Segbedzie RN (EC), NP-PHC, MPH (Nursing) ,CNE, BSc(Psych), SHBScN, PhD candidate NPIG Chair
9:15 – 10:30 a.m. ET	Updates from RNAO and System Partners Dr. Doris Grinspun, RNAO CEO Heart and Stroke Foundation of Canada College of Nurses of Ontario Ministry of Long-Term Care Ontario Pharmacists Association
10:30 – 11:30 p.m. ET	Artificial Intelligence Policy Dr. Jennifer Shepherd, DNP, MHA, RN, NEA-BC, NPD-BC American Nurses Association, Director of Nursing Practice and Work Environment
11:30 – 12:30 p.m. ET	LUNCH BREAK with Break Out Discussions <i>Break Out Discussion 12:00 – 12:30 p.m.</i> Break out room 1: Meet the Nurse Practitioner Interest Group (NPIG) Exec Break out room 2: Interprofessional Primary Care Team (IPCT) applications
12:30– 1:30 p.m. ET	NPs Showcasing Research and Quality Improvement Break out room 1: i) Equipping Nurse Practitioners with Knowledge and Confidence to Support Driving Cessation in People with Dementia ii) Empowering Families Through Animation: A Multilingual Approach to G-tube Education Break out room 2: i)The Development, Refinement, Implementation, and Impact of a Nurse-Led Health Coaching Self-Care Management Intervention for Health ii) Creating an Internal Standard Operating Procedure (SOP) for a Regional Transgender Health Program in Kingston, ON.
1:30 – 2:30 p.m. ET	Charting Your Path: Brightening the Future Dr. Samantha Mayo, RN, PhD, FAAN RBC Chair in Nursing Oncology, Research and Education, Princess Margaret Cancer Centre and Lawrence Bloomberg Faculty of Nursing Director - Doctoral Programs and Associate Professor, Lawrence Bloomberg Faculty of Nursing, University of Toronto Clinician Investigator, Department of Supportive Care, Princess Margaret Cancer Centre

Time	Session
	<p>NP Veronica Segbedzie NPIG Chair</p> <p>Dr. Megan Green, RN(EC), PHC-NP, PhD NP and Researcher - Acute Pain Service Level 2 Investigator in the Evidence to Practice Program with CHEO RI and Adjunct Professor with the University of Ottawa, School of Nursing</p> <p>Sue LeBeau, RN, MScN, MBA, FCCHL RNAO President-Elect Executive Director for Sudbury Espanola and Manitoulin Elliot Lake OHT</p>
<p>2:30 – 3 p.m. ET</p>	<p>Nursing Effectiveness: NP Impact on the Quintuple Aim</p> <p>Dr. Alanna Coleman, MN, NP-PHC, DNP, FNPAC RNAO, Associate Director of Nursing and Health Policy</p> <p>Alexa Parousis, RN, BScN, MSc. RNAO, Research Associate</p>
<p>3 – 3:15 p.m. ET</p>	<p>Hon. Sylvia Jones Ontario’s deputy premier and minister of health</p>
<p>3:15 – 3:45 p.m. ET</p>	<p>Hon. Natalia Kusendova-Bashta, RN Ontario’s minister of long-term care</p>
<p>3:45 – 4 p.m. ET</p>	<p>Dr. Karima Velji, RN, PhD, CHE, FCAN Ontario’s chief of nursing and professional practice, and assistant deputy minister of health</p>
<p>4 – 4:20 p.m. ET</p>	<p>Nurse Effectiveness – Open Library</p> <p>Dr. Alanna Coleman, MN, NP-PHC, DNP, FNPAC RNAO, Associate Director of Nursing and Health Policy</p> <p>Alexa Parousis, RN, BScN, MSc. RNAO, Research Associate</p>
<p>4:20 – 4:30 p.m. ET</p>	<p>Closing remarks Dr. Doris Grinspun, RNAO CEO NP Lhamo Dolkar, RNAO President NP Veronica Segbedzie, NPIG Chair</p>