

# Youth Wellness Champions

## IMPLEMENTATION JOURNEY



01

Getting engagement from public health unit



02

Connecting with school Mental Health Lead



03

Recruiting school board and/or schools



04

Recruiting Adult Allies including teachers and support staff



05

Initial planning meeting between partners

### THE JOURNEY

### PLANNING FOR CHANGE

### MAKING CHANGE HAPPEN

### SUSTAINING CHANGE



06

Adult Ally training



07

Student Champions recruited



08

Student Champions training



09

Planning



10

Implementing



11

Celebration & evaluation