

STRONGER TOGETHER:

RNAO MENTAL HEALTH & SUBSTANCE USE SUMMIT

AGENDA

Tuesday, March 18,
&
Wednesday, March 19,
2025

DoubleTree by Hilton Hotel
Toronto Airport West
5444 Dixie Rd., Mississauga, ON L4W 2L2

Hawthorn Room

Wi-Fi: Hilton Honors Meeting **Password:** Ytoawstandard

DAY 1: Tuesday, March 18, 2025

Time	Agenda Presenter(s)
8:30 – 9:00 a.m.	Breakfast and registration
9:00 – 9:30 a.m.	Welcome, land acknowledgment & introductions <i>Dr. Doris Grinspun, CEO, RNAO</i> <i>Sabrina Merali, Program Manager, Mental Health & Substance Use Program, RNAO</i>
9:30 – 10:00 a.m.	A decade of creating Youth Mental Health and Addiction Champions: Celebrating our past successes and identifying future opportunities through evidence <i>Sabrina Merali, Program Manager, Mental Health & Substance Use Program, RNAO</i> <i>Dr. Shanoja Naik, Director, RNAO Research Unit, RNAO</i> <i>Kristi McCracken, Public Health Nurse, Grey Bruce Health Unit</i>
10:00 – 11:00 a.m.	Impacts of the Youth Wellness Champions program across Ontario: A panel discussion <i>Jennifer Thompson, Child and Youth Worker, Bruce Grey Catholic District School Board</i> <i>Stasia Starr, Public Health Nurse, Thunder Bay District Health Unit</i> <i>Teagan Venables, Past Youth Champion, Thunder Bay District Health Unit</i> <i>Kohen Kirby, Current Youth Champion, Notre Dame Catholic School, Owen Sound</i> <i>Declan Linklater, Current Youth Champion, Notre Dame Catholic School, Owen Sound</i>
11:00 – 11:15 a.m.	Break
11:15 – 12:45 p.m.	The path forward: Current context and potential solutions (Equity, Diversity and Inclusion in youth mental health) Moderator: <i>Dr. Doris Grinspun, CEO, RNAO</i> <i>Dr. Hayley Hamilton, Co-Director, Institute for Mental Health Policy Research, Centre for Addiction and Mental Health (CAMH)</i> <i>Dr. Shelley Evans, Past-President, Rainbow Nursing Interest Group, RNAO</i> <i>Alexxis Kydd, Health Policy Analyst, Chiefs of Ontario</i> <i>Vaitheki Sivaram, Integrated Mental Health Services Manager, Thorncliffe Park Youth Wellness Hub</i> <i>Jason Sinclair, Mental Health Counsellor/Psychologist, Thorncliffe Park Youth Wellness Hub</i>
12:45 – 1:45 p.m.	Lunch and networking
1:45 – 2:45 p.m.	Collectively envisioning an integrated system of youth mental health supports: Think tank session Moderator: <i>YWC Advisory Members</i>
2:45 – 3:00 p.m.	Break
3:00 – 3:30 p.m.	Collectively envisioning an integrated system of youth mental health supports: Think tank group sharing Moderator: <i>Dr. Michelle Rey, Director, International Affairs and Best Practice Guidelines (IABPG) Centre and Sabrina Merali, Program Manager, RNAO</i>

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3:30 – 4:00 p.m.	Launch of the Youth Wellness Champions Toolkit: A new era in promoting youth mental health <i>Sabrina Merali, Program Manager, RNAO</i> <i>Zahraa Saadallah, Learning Experience Designer, RNAO</i>
4:00 – 4:30 p.m.	10 Years of Youth Wellness Champions – A celebration! <i>Dr. Doris Grinspun, CEO, RNAO</i>

DAY 2: Wednesday, March 19, 2025

Time	Agenda Presenter(s)
8:30 – 9:00 a.m.	Breakfast and registration
9:00 – 9:15 a.m.	Welcome, land acknowledgment & introductions <i>Dr. Doris Grinspun, CEO, RNAO</i>
9:15 – 9:45 a.m.	Overview of RNAO Best Practice Spotlight Organizations® (BPSO®) and Mental Health and Substance Use Program <i>Janet Chee, Associate Director, Guideline Implementation & Knowledge Transfer, RNAO</i>
9:45 – 10:45 a.m.	Impacts of BPSO in the mental health sector: A panel discussion Moderator: <i>Janet Chee, Associate Director, Guideline Implementation & Knowledge Transfer, RNAO</i> <i>Seharish Jindani, Advance Practice Clinical Lead, CAMH</i> <i>May Tao, Health Promotion Specialist, Toronto Public Health</i> <i>Sarah Lynne Myllyaho, Nursing Practice Leader, Thunder Bay Regional Health Sciences Centre</i> <i>Sarah Anderson, Director of Nursing, Interim Chief Nursing Executive, The Royal</i>
10:45 – 11:00 a.m.	Break
11:00 – 11:30 a.m.	Mental health and substance use in Ontario: The current context and role of the nurse <i>Jann Houston, Board Chair, Street Health</i> <i>Liz Tevlin, Registered Nurse, Street Health</i>
11:30. – 12:00 p.m.	Addressing mental health and substance use in Ontario and opportunities: Think Tank session Moderator: <i>Michelle Rey, IABPG Centre and Sabrina Merali, Program Manager, RNAO</i>
12:00 – 1:00 p.m.	Lunch and networking
1:00 – 2:00 p.m.	Addressing the mental health and substance use crisis: The need for an integrated system of care through BPSO <i>Sherida Chambers, Director of Nursing, CAMH</i> <i>Seharish Jindani, Advance Practice Clinical Lead, CAMH</i>
2:00 – 3:00 p.m.	Addressing mental health and substance use in Ontario and BPSO: Think Tank session Moderator: <i>Michelle Rey, IABPG Centre and Sabrina Merali, Program Manager, RNAO</i>
3:00 – 3:15 p.m.	Break
3:15 – 4:10 p.m.	Sharing and large group discussion Moderator: <i>Dr. Doris Grinspun, CEO, RNAO</i>
4:10 – 4:30 p.m.	Final reflections <i>Dr. Doris Grinspun, CEO, RNAO</i>