



# NPs leading positive change and innovation

#WeAreNPs 

## 11<sup>th</sup> annual NP Knowledge Exchange Symposium

Tuesday Nov. 12, 2024, 8:30 a.m. – 4:30 p.m. ET, virtual via Zoom

**Co-chairs:**

Dr. Doris Grinspun, RN, BScN, MSN, PhD, LLD(hon), Dr(hc), DHC, DHC, FAAN, FCAN, O.ONT  
RNAO CEO

Andrea Floyd, NP-PHC, BScN, MBA  
NPIG chair

**Objectives of the 11<sup>th</sup> annual NP Knowledge Exchange Symposium are to inspire NPs to:**

- understand the impact of NPs in leading positive change and innovation in transforming the health system
- learn how NPs are instrumental in achieving the Quintuple Aim and sustainable development goals with vulnerable and equity-deserving populations
- share strategies in advancing policy and political action to power the NP role across sectors and settings
- use NP-led research and initiatives in highlighting the impact of the NP role

Time	Session
8:30 – 9 a.m. ET	<p><b>Welcoming remarks from RNAO and NPIG and overview of the day</b>                      Dr. Doris Grinspun, RN, BScN, MSN, PhD, LLD(hon), Dr(hc), DHC, DHC, FAAN, FCAN, O.ONT                      RNAO CEO</p> <p>NP Lhamo Dolkar, RN(EC), MN, CCN                      RNAO president</p>

Time	Session
	<p>Andrea Floyd, NP-PHC, BScN, MBA NPIG chair</p>
<p><b>9– 10 a.m. ET</b></p>	<p><b>NPs and Environmental Health</b> Cailin Doyle, NP-Adult Ontario Nurses for the Environment Interest Group, executive network officer</p> <p>Moderator: Chahat Sharma, NP student</p>
<p><b>10 – 11 a.m. ET</b></p>	<p><b>NPs in Health System Transformation</b> Steven Lewis Health policy and research consultant Adjunct professor, Simon Fraser University</p> <p>Moderator: Dr. Doris Grinspun</p>
<p><b>11 – 11:45 p.m. ET</b></p>	<p><b>Human Trafficking</b> Tara Leech PHC-NP, MSN, TICT-TC, SANE-A, CPMHN(C) Founder H.E.A.L.T.H Clinic Co-Founder Human Trafficking Health Alliance of Canada</p> <p>Moderator: Hali Sitarz, NP, PhD Chatham-Kent Community Health Centres - Adolescent Eating Disorders Program, St. Clair College, professor - Collaborative Nursing Program/ Retroderm Medical Aesthetics</p>
<p><b>11:45 – 12:15 p.m. ET</b></p>	<p><b>LUNCH BREAK</b></p>
<p><b>12:15 – 1 p.m. ET</b></p>	<p><b>Concurrent sessions</b></p> <p><b>1. Possibilities and Pitfalls of Virtual Care for People Living with Dementia</b> Elizabeth Wojtowitz, RN(EC), NP-PHC, MHM, GNC(C), CHPCN(C) Virtual Behavioural Medicine Clinic, University Health Network</p> <p>Moderator: Chahat Sharma, NP student</p> <p><b>2. NPs Showcasing Research and Quality Improvement</b></p>
<p><b>1 – 2 p.m. ET</b></p>	<p><b>Support for Individuals with Substance Use</b> Marysia (Mish) Waraksa, NP Clinical lead, safer opioid supply (SOS) program Parkdale Queen West Community Health Centre</p> <p>Michael Postic, NP Mental health and addictions program Humber River Hospital</p> <p>Moderator: NP Lhamo Dolkar</p>

Time	Session
2 – 3 p.m. ET	<p><b>Cultural Safety and Indigenous Health Care</b>            Gabrielle Heil, NP-PHC, MN, BScN            Chatham-Kent Community Health</p> <p>Victoria Guido, RN            Indigenous Nurses and Allies Interest Group, Chair</p> <p>Moderator: Melissa Germann, NP-PHC, BScN, MN            De dwa da dehs nye&gt;s Aboriginal Health Centre</p>
3 – 3:15 p.m. ET	<p><b>Hon. Sylvia Jones, (invited)</b>            Ontario’s deputy premier and minister of health</p> <p>Moderator: Dr. Doris Grinspun</p>
3:15 – 3:45 p.m. ET	<p><b>NPs in Ontario’s Health System</b>            Dr. Karima Velji, RN, PhD, CHE, FCAN            Ontario’s chief of nursing and professional practice, and assistant deputy minister of health</p> <p>Moderator: Dr. Doris Grinspun</p>
3:45 – 4 p.m. ET	<p><b>Dialogue with the Hon. Natalia Kusendova-Bashta, RN</b>            Ontario’s minister of long-term care</p> <p>Moderator: Dr. Doris Grinspun</p>
4 – 4:30 p.m. ET	<p><b>Closing remarks</b>            Dr. Doris Grinspun</p> <p>Andrea Floyd</p>