





## **Knowledge-to-Action Framework worksheet: Sustainability planning**

Use the guiding questions below to brainstorm with your team to start thinking about sustaining your practice change. During this process, you and your team may develop more questions that will help you with your planning. Use the empty space below to jot them down.

Questions		Notes
1.	How do you wish to view sustainability? Do you see it as a process or an end goal, or both?	
2.	What is your goal?	
3.	What would sustainability look like in your setting?	
4.	In which setting do you wish to use this sustainability plan?	
5.	Who should be involved in developing and executing this sustainability plan?	
6.	What are some of the barriers and facilitators of sustaining the practice change?	
7.	What are some strategies that you can use to mitigate barriers and leverage facilitators in your setting?	