

## Bibliography for Research Questions 1 – 4

## 2006 – 2015 Systematic Reviews

(Total of 45 References from Database Search; 13 Duplicate Records)

## Q1 – 12 References

Citation	Quality Appraisal Scores (CASP and AMSTAR)
Alderdice F, McNeill J, Lynn F. A systematic review of systematic reviews of interventions to improve maternal mental health and well-being. <i>Midwifery</i> . 2013; 29(4), 389–399.	Moderate
Birmingham MC, Chou KJ, Crain EF. Screening for postpartum depression in a pediatric emergency department. <i>Pediatr Emerg Care</i> . 2011;27(9):795–800.	Strong
Burton A, Patel S, Kaminsky L, et al. Depression in pregnancy: Time of screening and access to psychiatric care. <i>J Matern Fetal Neonatal Med</i> . 2011;24(11):1321–1324.	Moderate
Clatworthy J. The effectiveness of antenatal interventions to prevent postnatal depression in high-risk women. <i>J Affect Disord</i> . 2012;137(1–3):25–34.	Low
Davis K, Dimidjian S. The relationship between physical activity and mood across the perinatal period: A review of naturalistic and clinical research to guide future investigation of physical activity-based interventions for perinatal depression. <i>Clin Psychol Sci Pract</i> . 2012;19(1):27–48.	Low
Dimidjian S, Goodman S. Nonpharmacological intervention and prevention strategies for depression during pregnancy and the postpartum. <i>Clin Obstet Gynecol</i> . 2009;52(3):498–515.	Low
Kozinszky Z, Dudas RB, Devosa I, et al. Can a brief antepartum preventive group intervention help reduce postpartum depression symptomatology? <i>Psychother Psychosom</i> . 2012;81(2): 98–107.	Moderate
Lara MA, Navarro C, Navarrete L. Outcome results of a psycho-educational intervention in pregnancy to prevent PPD: A randomized control trial. <i>J Affect Disord</i> . 2010;122(1–2):109–117.	Moderate
Lieberman K, Le HN, Perry DF. A systematic review of perinatal depression interventions for adolescent mothers. <i>J Adolesc</i> . 2014;37(8):1227-1235.	Low
Perales, M., Refoyo, I., Coteron, J., et al. Exercise during pregnancy attenuates prenatal depression: A randomized controlled trial. <i>Eval Health Prof</i> . 2015;8(1):59–72.	Strong
Rollans M, Schmied, Kemp L, et al. Digging over that old ground: an Australian perspective of women’s experience of psychosocial assessment and depression screening in pregnancy and following birth. <i>BMC Womens Health</i> . 2013;13:18.	Strong
Tandon SD, Perry DF, Mendelson T, et al. Preventing perinatal depression in low-income home visiting clients: A randomized controlled trial. <i>J Consult Clin Psychol</i> . 2011;79(5):707–712.	Low

## Q2 – 24 References

Citation	Quality Appraisal Scores (CASP and AMSTAR)
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Crowley SK, Youngstedt SD. Efficacy of light therapy for perinatal depression: A review. <i>J Physiol Anthropol.</i> 2012;31(1):15-15.	Low
Daley, A. J., Foster, L., Long, G., Palmer, C., Robinson, O., Walmsley, H., & Ward, R. (2015). The effectiveness of exercise for the prevention and treatment of antenatal depression: systematic review with meta-analysis. <i>BJOG : an international journal of obstetrics and gynaecology</i> , 122(1), 57-62.	Moderate
Daley A, Jolly K, MacArthur C. The effectiveness of exercise in the management of post-natal depression: Systematic review and meta-analysis. <i>Fam Pract.</i> 2009;26(2):154–162.	Strong
Danaher BG, Milgrom J, Seeley JR, et al. MomMoodBooster web-based intervention for postpartum depression: Feasibility trial results. <i>J Med Internet Res.</i> 2013;15(11):e242.	Moderate
Dennis C-L, Dowswell T. Interventions (other than pharmacological, psychosocial or psychological) for treating antenatal depression. <i>Cochrane Database Syst Rev.</i> 2008;4:CD006795.	Strong
Field T, Diego M, Hernandez-Reif M, et al. Yoga and massage therapy reduce prenatal depression and prematurity. <i>J Bodyw Mov Ther.</i> 2012;16(2):204–209.	Low
Freeman MP. Complementary and alternative medicine for perinatal depression. <i>J Affect Disord.</i> 2009;112(1– 3):1–10.	Low
Glavin K, Smith L, Sorum R, et al. Supportive counselling by public health nurses for women with postpartum depression. <i>J Adv Nurs.</i> 2010;66(6), 1317–1327.	Low
Goodman JH, Santangelo G. Group treatment for postpartum depression: A systematic review. <i>Arch Womens Ment Health.</i> 2011;14(4):277–293.	Moderate
Howell EA, Balbierz A, Wang J, et al. Reducing postpartum depression symptoms among black and Latina mothers: A randomized controlled trial. <i>Obstet Gynecol.</i> 2012;119(5):942–949.	Strong
Howell EA, Bodnar-Deren S, Balbierz A, et al. An intervention to reduce postpartum depression symptoms: A randomized controlled trial. <i>Arch Womens Ment Health.</i> 2014;17(1):57–63.	Strong
Kamalifard M, Yavarikia P, Babapour Kheiroddin J, et al. The effect of peers support on postpartum depression: A single-blind randomized clinical trial. <i>J Caring Sci.</i> 2013;2(3):237–244.	Strong
Letourneau N, Duffett-Leger L, Stewart M, et al. Canadian mothers’ perceived support needs during postpartum depression. <i>J Obstet Gynecol Neonatal Nurs.</i> 2007;36(5):441–449.	Moderate
Maloni JA, Przeworski A, Damato EG. Web recruitment and internet use and preferences reported by women with postpartum depression after pregnancy complications. <i>Arch Psychiatr Nurs.</i> 2013;27(2):90-95.	Moderate
McDonagh MS, Matthews A, Phillipi C, et al. Depression drug treatment outcomes in	Strong

pregnancy and the postpartum period: A systematic review and meta-analysis. <i>Obstet Gynecol.</i> 2014;124(3):526–534.	
Milgrom J, Schembri C, Ericksen J, et al. Towards parenthood: An antenatal intervention to reduce depression, anxiety and parenting difficulties. <i>J Affect Disord.</i> 2011;130(3):385–394.	Moderate
Rojas-Garcia A, Ruiz-Perez I, Goncalves DC, et al. Healthcare interventions for perinatal depression in socially disadvantaged women: A systematic review and meta-analysis. <i>Clin Psychol: Sci Pract.</i> 2014;21(4):363–384.	Moderate
Scope A, Booth A, Sutcliffe P. Women’s perceptions and experiences of group cognitive behaviour therapy and other group interventions for postnatal depression: A qualitative synthesis. <i>J Adv Nurs.</i> 2012;68(9):1909–1919.	Strong
Sharp DJ, Chew-Graham C, Tylee A, et al. A pragmatic randomised controlled trial to compare antidepressants with a community-based psychosocial intervention for the treatment of women with postnatal depression: The RESPOND trial. <i>Health Technol Assess.</i> 2010;14(43):1–153.	Strong
Shorey S, Chan SWC, Chong YS, et al. A randomized controlled trial of the effectiveness of a postnatal psychoeducation programme on self-efficacy, social support and postnatal depression among primiparas. <i>J Adv Nurs.</i> 2015;71(6):1260–1273.	Strong
Sokol LE. A systematic review of the efficacy of cognitive behavioral therapy for treating and preventing perinatal depression. <i>J Affect Disord.</i> 2015;177:7–21.	Moderate
Sokol LE, Epperson CN, Barber JP. A meta-analysis of treatments for perinatal depression. <i>Clin Psychol Rev.</i> 2011;31(5):839–849	Moderate
Truitt FE, Pina BJ, Person-Rennell NH, et al. Outcomes for collaborative care versus routine care in the management of postpartum depression. <i>Qual Prim Care.</i> 2013; 21(3):171–177.	Moderate

### Q3 – 7 References

Citation	Quality Appraisal Scores (CASP and AMSTAR)
Buist A, Bilszta J, Milgrom J, et al. Health professional’s knowledge and awareness of perinatal depression: Results of a national survey. <i>Women Birth.</i> 2006;19(1):11–16	Moderate
Jardri R, Maron M, Pelta J, et al. Impact of midwives’ training on postnatal depression screening in the first week post-birth: A quality improvement report. <i>Midwifery.</i> 2010;26(6):622–629.	Moderate
Jones CJ, Creedy DK, Gamble JA. Australian midwives’ knowledge of antenatal and postpartum depression: A national survey. <i>J Midwifery Womens Health.</i> 2011;56(4):353–361.	Moderate
McCauley K, Elsom S, Muir-Cochrane E, et al. Midwives and assessment of perinatal mental health. <i>J Psychiatr Ment Health Nurs.</i> 2011;18(9):786–795.	Moderate
McConachie S, Whitford H. Mental health nurses’ attitudes towards severe perinatal mental illness. <i>J Adv Nurs.</i> 2009;65(4):867–876.	Moderate
McLachlan HL, Forster DA, Collins R, et al. Identifying and supporting women with psychosocial issues during the postnatal period: Evaluating an educational intervention for midwives using a before-and-after survey. <i>Midwifery.</i> 2011; 27(5):723–730.	Low

Morrell CJ, Slade P, Warner R, et al. Clinical effectiveness of health visitor training in psychologically informed approaches for depression in postnatal women: Pragmatic cluster randomised trial in primary care. <i>BMJ</i> . 2009;338(7689):276-280.	Moderate
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#### Q4 – 2 references

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Citation	Quality Appraisal Scores (CASP and AMSTAR)
Byatt N, Simas T. Strategies for improving perinatal depression treatment in North American outpatient obstetric settings. <i>J Psychosom Obstet Gynaecol</i> . 2012 Dec;33(4):143-61.	Moderate
Grote NK, Katon WJ, Lohr MJ, et al. Culturally relevant treatment services for perinatal depression in socioeconomically disadvantaged women: The design of the MOMCare study. <i>Contemp Clin Trials</i> . 2014; 39(1):34–49.	Strong

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Jesse DE, Gaynes BN, Feldhousen EB, et al. Performance of a culturally tailored cognitive-behavioral intervention integrated in a public health setting to reduce risk of antepartum depression: A randomized controlled trial. <i>J Midwifery Womens Health</i> . 2015;60(5):578-592.	Moderate
Kim Y, Dee V. Self-care for health in rural Hispanic women at risk for postpartum depression. <i>Matern Child Health J</i> . 2017;21(1):77-84.	Moderate
Kohlhoff J, Hickenbotham R, Knox C, et al. Antenatal psychosocial assessment and depression screening in a private hospital. <i>Aust N Z J Obstet Gynaecol</i> . 2016;56(2):173-178.	Moderate
Price SK, Corder-Mabe J, Austin K. Perinatal depression screening and intervention: enhancing health provider involvement. <i>J Womens Health</i> . 2012; 21(4): 447-55.	Moderate
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Woolhouse H, Miller K, Brown SJ, et al. Frequency of 'Time for self' is a significant predictor of postnatal depression symptoms: Results from a prospective pregnancy cohort study. <i>Birth</i> . 2016; 43(1):58-67.	Moderate

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BenDavid D, Hunker D, Spadaro K. Uncovering the golden veil: applying the evidence for telephone screening to detect early postpartum depression. <i>J Perinat Educ.</i> 2016;25(1):37-45.	Low
Buist A. Perinatal mental health. Identifying problems and managing medications. <i>Aust Fam Physician.</i> 2014;43(4):182-185.	Moderate
de Arujo, W, Romero W, Zandonade E, et al. Effects of relaxation on depression levels in women with high-risk pregnancies: a randomized clinical trial. <i>Rev Lat Am. Enfermagem.</i> 2016;24(0):e2806.	Moderate
Fisher, Rowe, Wynter, et al. Gender-informed, psychoeducational programme for couples to prevent postnatal common mental disorders among primiparous women: cluster randomized controlled trial. <i>BMJ Open.</i> 2016;6:e009396.	Strong
Lind A, Richter S, Craft C, et al. Implementation of routine postpartum depression screening and care initiation across a multispecialty health care organization: an 18-month retrospective analysis. <i>Matern Child Health.</i> 2017;21:1234-1239.	Moderate
Lomonaco-Haycraft K, Hyer J, Tibbits B, et al. Integrated perinatal mental health care: a national model of perinatal primary care in vulnerable populations. <i>Prim Health Care Res Dev.</i> 2018; Jun18:1-8.	Strong
Long M, Cramer R, Jenkins J, et al. A systematic review of interventions for healthcare professionals to improve screening and referral for perinatal mood and anxiety disorders. <i>Arch Womens Ment Health.</i> 2018; Jul 2. doi: 10.1007/s00737-018-0876-4.	Moderate
McCarter-Spaulding D, Shea S. Effectiveness of discharge education on postpartum depression. <i>MCN Am J Matern Child Nurs.</i> 2016;41(3):168-172.	Low
Nillni Y, Mehralizade A, Mayer L, et al. Treatment of depression, anxiety, and trauma-related disorders during the perinatal period: A systematic review. <i>Clin Psychol Rev.</i> 2018;S0272-7358(17):30407-5.	Low
O'Hara M, Engeldinger J. Treatment of postpartum depression: recommendations for the clinician. <i>Clin Obstet Gynecol.</i> 2018; 2018 Sep;61(3):604-614.	Low
Stamou G, Garcia-Palacios A, Botella C. Cognitive-behavioural therapy and interpersonal psychotherapy for the treatment of post-natal depression: a narrative review. <i>BMC Psychol.</i> 2018;6(1):28.	Low
Stephens S, Ford E, Paudyal P, et al. Effectiveness of psychological interventions for postnatal depression in primary care: a meta-analysis. <i>Ann Fam Med.</i> 2016;14(5):463-72.	Low

Taylor B, Cavanagh K, Strauss C. The effectiveness of mindfulness-based interventions in the perinatal period: a systematic review and meta-analysis. PLoS One. 2016;11(5):e0155720.	Low
Top E, Karacam Z. Effectiveness of structured education in reduction of postpartum depression scores: a quasiexperimental study. Arch Psychiatr Nurs. 2016;30(3):356-362.	Strong
van der Zee-van den berg A, Boere-Boonekamp M, Ijzerman M, et al. Screening for postpartum depression in well-baby care settings: a systematic review. Matern Child Health J. 2017;21:9-20.	Low
Zlotnick C, Tzilos G, Miller I, et al. Randomized controlled trial to prevent postpartum depression in mothers on public assistance. J Affect Disord. 2016;189:263-268.	Strong