

Promoting and Supporting Breastfeeding Initiation, Exclusivity, and Continuation in Newborns, Infants, and Young Children

All Quality Appraisal Scores from Included Studies Total of 34 Unique References

(1 reference appears in two research questions)

Research Question #1 – 4 References

Citation	Quality Appraisal Score
Gercek E, Sarikaya Karabudak S, Ardic Celik N, et al. The relationship between breastfeeding self-efficacy and LATCH scores and affecting factors. <i>J Clin Nurs</i> . 2017;26(7–8):994–1004.	Moderate
Mannion C, Mansell D. Breastfeeding self-efficacy and the use of prescription medication: a pilot study. <i>Obstet Gynecol Int</i> . 2012;2012:562704.	Moderate
Tornese G, Ronfani L, Pavan C, et al. Does the LATCH score assessed in the first 24 hours after delivery predict non-exclusive breastfeeding at hospital discharge? <i>Breastfeed Med</i> . 2012;7(6):423–30.	Moderate
Dennis CL, Faux S. Development and psychometric testing of the breastfeeding self-efficacy scale. <i>Res Nurs Health</i> . 1999 Oct;22(5):399–409. In: Mannion C, Mansell D. Breastfeeding self-efficacy and the use of prescription medication: a pilot study. <i>Obstet Gynecol Int</i> . 2012;2012:562704.	Moderate

Research Question #2 - 20 References

Citation	Quality Appraisal Score
Moore ER, Anderson GC, Bergman N, et al. Early skin-to-skin contact for mothers and their healthy newborn infants. <i>Cochrane Database Syst Rev</i> . 2012(5):CD003519.	High
Beake S, Bick D, Narracott C, et al. Interventions for women who have a caesarean birth to increase uptake and duration of breastfeeding: a systematic review. <i>Matern Child Nutr</i> . 2016;13(4). doi: 10.1111/mcn.12390.	Moderate

Flint A, New K, Davies MW. Cup feeding versus other forms of supplemental enteral feeding for newborn infants unable to fully breastfeed. <i>Cochrane Database Syst Rev.</i> 2016;8:CD005092.	High
Sinha B, Chowdhury R, Sankar MJ, et al. Interventions to improve breastfeeding outcomes: a systematic review and meta-analysis. <i>Acta Paediatr.</i> 2015;104(467):114–34.	Moderate
Kaunonen M, Hannula L, Tarkka MT. A systematic review of peer support interventions for breastfeeding. <i>J Clin Nurs.</i> 2012;21(13–14):1943–54.	Moderate
Patel S, Patel S. The effectiveness of lactation consultants and lactation counselors on breastfeeding outcomes. <i>J Hum Lact.</i> 2016;32(3):530–41.	Moderate
Whitford HM, Wallis SK, Dowswell T, et al. Breastfeeding education and support for women with twins or higher order multiples. <i>Cochrane Database Syst Rev.</i> 2017;2:CD012003.	High
McFadden A, Gavine A, Renfrew MJ, et al. Support for healthy breastfeeding mothers with healthy term babies. <i>Cochrane Database Syst Rev.</i> 2017;2:CD001141.	High
Academy of Breastfeeding Medicine Protocol Committee. ABM clinical protocol #9: use of galactagogues in initiating or augmenting the rate of maternal milk secretion. <i>Breastfeed Med.</i> 2011 Feb;6(1):41–9	Moderate
Dennis CL, Jackson K, Watson J. Interventions for treating painful nipples among breastfeeding women. <i>Cochrane Database Syst Rev.</i> 2014;12:CD007366	High
Fallon A, Van der Putten D, Dring C, et al. Baby-led compared with scheduled (or mixed) breastfeeding for successful breastfeeding. <i>Cochrane Database Syst Rev.</i> 2016;9:CD009067.	High
Moran VH, Morgan H, Rothnie K, et al. Incentives to promote breastfeeding: a systematic review. <i>Pediatrics.</i> 2015;135(3):e687–e702.	High

Skouteris H, Nagle C, Fowler M, et al. Interventions designed to promote exclusive breastfeeding in high-income countries: a systematic review. <i>Breastfeed Med.</i> 2014;9(3):113–27.	Moderate
Lavender T, Richens Y, Milan SJ, et al. Telephone support for women during pregnancy and the first six weeks postpartum. <i>Cochrane Database Syst Rev.</i> 2013;7:CD009338.	High
Ni PK, Siew Lin SK. The role of family and friends in providing social support towards enhancing the wellbeing of postpartum women: a comprehensive systematic review. <i>JB Libr Syst Rev.</i> 2011;9(10):313–70.	High
Jaafar HS, Ho JJ, Jahanfar S, et al. Effect of restricted pacifier use in breastfeeding term infants for increasing duration of breastfeeding. <i>Cochrane Database Syst Rev.</i> 2016;8:CD007202	High
Oliveira IB, Leal LP, Coriolano-Marinus MW, et al. Meta-analysis of the effectiveness of educational interventions for breastfeeding promotion directed to the woman and her social network. <i>J Adv Nurs.</i> 2017;73(2):323–35.	Moderate
Wouk K, Lara-Cinisomo S, Stuebe AM, et al. Clinical interventions to promote breastfeeding by Latinas: a meta-analysis. <i>Pediatrics.</i> 2016;137(1).	Moderate
Wong KL, Tarrant M, Lok KY. Group versus individual professional antenatal breastfeeding education for extending breastfeeding duration and exclusivity: a systematic review. <i>J Hum Lact.</i> 2015;31(3):354–66.	Moderate
Lumbiganon P, Martis R, Laopaiboon M, et al. Antenatal breastfeeding education for increasing breastfeeding duration. <i>Cochrane Database Syst Rev.</i> 2016;12:CD006425.	High

Research Question #3 – 3 References

Citation	Quality Appraisal Score
Ward KN, Byrne JP. A critical review of the impact of continuing breastfeeding education provided to nurses and midwives. <i>J Hum Lact.</i> 2011;27(4):381–93.	Moderate
de Jesus PC, de Oliveira MIC, Fonseca SC. Impact	Moderate

of health professional training in breastfeeding on their knowledge, skills, and hospital practices: a systematic review. <i>J Pediatr. (Rio J)</i> . 2016;92(5):436–50.	
Gavine A, MacGillivray S, Renfrew MJ, et al. Education and training of healthcare staff in the knowledge, attitudes and skills needed to work effectively with breastfeeding women: a systematic review. <i>Int Breastfeed J</i> . 2017;12:6.	Moderate

Research Question #4 – 6 References

Citation	Quality Appraisal Score
Beake S, Pellowe C, Dykes F, et al. A systematic review of structured versus non-structured breastfeeding programmes to support the initiation and duration of exclusive breastfeeding in acute and primary healthcare settings. <i>JB Libr Syst Rev</i> . 2011;9(36):1471–508.	Moderate
Patnode CD, Henninger ML, Senger CA, et al. Primary care interventions to support breastfeeding: updated evidence report and systematic review for the US preventive services task force. <i>JAMA</i> . 2016;316(16):1694–705.	High
Perez-Escamilla R, Martinez JL, Segura-Perez S. Impact of the Baby-Friendly Hospital Initiative on breastfeeding and child health outcomes: a systematic review. <i>Matern Child Nutr</i> . 2016;12(3):402–17.	Moderate
Andres E, Baird S, Bingenheimer J, et al. Maternity leave access and health: a systematic narrative review and conceptual framework development. <i>Matern Child Health J</i> . 2016;20(6):1178–92.	High
Steurer LM. Maternity leave length and workplace policies' impact on the sustainment of breastfeeding: global perspectives. <i>Public Health Nurs</i> . 2017;34(3):286–94.	Low*
Borrell C, Palencia L, Muntaner C, et al. Influence of macrosocial policies on women's health and gender inequalities in health. <i>Epidemiol Rev</i> . 2014;36:31–48.	Low*

*Two low quality studies were included for Research Question # 4 as these were the only studies that were discussed in the Canadian context.