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the VOICE for  
registered nurses,  
nurse practitioners  
and nursing students  
in Ontario

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## Health System Transformation and COVID-19

# Nurses' Mental Health and Experiences of Leaves of Absence and Healthy Return to Work

# Today's Webinar

Topic	Speakers
Welcome and opening remarks	Doris Grinspun, CEO of RNAO
Updates on COVID-19 and the health system: Latest news and pressing issues	Doris Grinspun, CEO of RNAO
Presentation: Nurses' Mental Health and Experiences of Leaves of Absence and Healthy Return to Work	<b>Abby Ayoub</b> University of Ottawa <b>Ivy Bourgeault</b> University of Ottawa <b>Melanie Lavoie-Tremblay</b> McGill University
Questions & answers	
Calls to action	

Doris Grinspun, RNAO CEO

# **UPDATES ON COVID-19 AND THE HEALTH SYSTEM**

# RNAO's policy recommendations to the Ontario government

- Continue to contain the virus and prevent/minimize community spread (may require -curtailing low priority activities, like indoor bars)
- Return to school: Assure safe physical distancing and appropriate class sizes
- 500 public health nurses should be Registered Nurses with a nursing baccalaureate degree and be staff within public health units across the province. Hiring and onboarding must take place in August
- Demand Government implement the Full Nursing Home Basic Care Guarantee-Hiring must start in August

# Nurses' Mental Health and Experiences of Leaves of Absence and Healthy Return to Work



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RN, Master's of  
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**Ivy Bourgeault**  
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**Melanie Lavoie-Tremblay**  
Associate  
Professor / Professeure  
agrégée  
Ingram School of Nursing  
/ École des sciences infirmières  
Ingram  
McGill University

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# **QUESTIONS & ANSWERS**

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# **CALLS TO ACTION**

# Reduce Class Sizes to Keep Schools and Communities Safe in Ontario



✓ Sign the [petition](#) started by a parent



**It's not too late!**

**Action Alert**

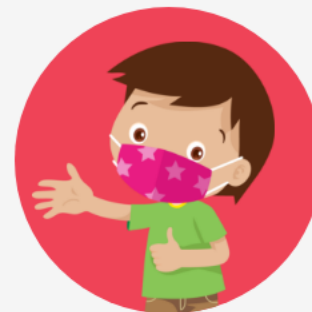
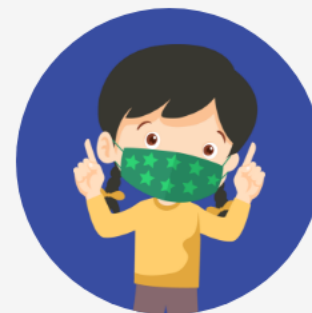
Demand government implement full  
**Nursing Home Basic Care Guarantee**

**Hiring must start in August**

Add your name to almost 8,000 who have written to Premier Ford demanding the [Nursing Home Basic Care Guarantee](#)!

# JOIN #MASKATHON NOW!

[RNAO.CA/COVID19/MASKATHON](https://RNAO.CA/COVID19/MASKATHON)



# Monday, Sept 14 (6:45-8pm) Health System Transformation and COVID-19



# **RNAO'S BLACK NURSES TASK FORCE**

**Webinar:** Every third Monday of the month

**Time:** 6:45 - 8:00 p.m. EDT

Visit [RNAO.ca](http://RNAO.ca)



# Let's cheer for health workers

Every night  
@ 7:30 local time

Wear your  
mask!



#TogetherWeCanDoIt  
#Cheer4HealthWorkers