



LEADING CHANGE TOOLKITTM

TO HELP CHANGE AGENTS AND CHANGE TEAMS MAKE LASTING IMPROVEMENTS IN HEALTH CARE



Summary Tables – Pragmatic and valid tools in the Leading Change Toolkit[™] to support the implementation of the Knowledge-to-Action (KTA) Framework Action Cycle Phase(s)

Two summary tables are provided to support change teams' understanding of each tool and what it measures. Reviewing the tables can support a change team's decision-making regarding the selection of a tool.

• **Table 1** includes all of the KTA tools and is categorized according to what each tool measures in terms of factors impacting evidencebased practice (EBP) and implementation at the individual/provider level and at the organizational level. As indicated by the checkmarks, some tools assess one factor (e.g., competency of EBP) while others measure multiple ones (competency and use of EBP). A legend is provided at the bottom of the table with examples of components of each factor.

• **Table 2** details the purpose of each tool, the applicable action cycle phases where it can be applied, and any additional considerations for its use.

Change teams are strongly encouraged to also read the tools' development paper (see the summary page for the full citation and the link to the full-text, where available) to determine the suitability of the tool for your change initiative prior to use. Should change teams have further questions regarding the tool, the tool developer(s) can be accessed via email which is also provided on the summary page.

Once you and your change team have selected a KTA tool, click here to learn more about practical considerations for using it.

Table 1: KTA tools and factors impacting	ng EBP and implementation at the	e provider and organizational levels
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	Individua	Individual/provider factors impacting EBP and implementation*					Organizational context factors impacting EBP and implementation**	
	Competency in EBP	EBP education/ Training needs	Attitudes towards EBP	Self- efficacy	Use of EBP	Barriers and facilitators	Readiness for EBP	Barriers and facilitators
Name of the KTA tool								
Assessing Competency in Evidence- Based Medicine	✓							
Attitudes toward Evidence-Based Dentistry	✓		~		✓			
Barriers to Research Utilization Scale (BARRIERS)						✓		
Clinician Guideline Determinants Questionnaire*	✓		~			√	~	
Context Assessment for Community Health (COACH) tool								✓
Context Assessment Index (CAI)							✓	\checkmark
Developing Evidence Based Practice (DEBP) Questionnaire	✓		✓		✓			\checkmark

Evidence Based Practice ✓ Competence in Nursing Students ✓ Evidence Based Practice Inventory ✓ Evidence-Based Concepts: ✓ Knowledge, Attitudes and Use ✓ Survey (EBCKAU) ✓ Evidence-based Nursing Attitude ✓ Questionnaire (EBNAQ) ✓ Evidence-Based Practice Attitude ✓	needs		✓ ✓	✓ ✓ ✓	✓ ✓		✓
Competence in Nursing Students Evidence Based Practice Inventory Evidence-Based Concepts: Knowledge, Attitudes and Use Survey (EBCKAU) Evidence-based Nursing Attitude Questionnaire (EBNAQ) Evidence-Based Practice Attitude		✓ ✓ ✓ ✓		_	✓ 		√
Evidence Based Practice InventoryEvidence-Based Concepts:Knowledge, Attitudes and UseSurvey (EBCKAU)Evidence-based Nursing AttitudeQuestionnaire (EBNAQ)Evidence-Based Practice Attitude		✓ ✓		_	✓		✓
Evidence-Based Concepts:Knowledge, Attitudes and UseSurvey (EBCKAU)Evidence-based Nursing AttitudeQuestionnaire (EBNAQ)Evidence-Based Practice Attitude		✓ ✓		_	✓ 		✓
Knowledge, Attitudes and UseSurvey (EBCKAU)Evidence-based Nursing AttitudeQuestionnaire (EBNAQ)Evidence-Based Practice Attitude			✓	✓ 			
Survey (EBCKAU)Evidence-based Nursing AttitudeQuestionnaire (EBNAQ)Evidence-Based Practice Attitude							
Evidence-based Nursing Attitude Questionnaire (EBNAQ)Evidence-Based Practice Attitude							
Questionnaire (EBNAQ)Evidence-Based Practice Attitude			✓				
Evidence-Based Practice Attitude		✓	✓				
		✓	✓				
							\checkmark
Scale-36 (EBPAS-36)							
Evidence-Based Practice Attitude	\checkmark	✓	✓				
Scale-50							
EBP Knowledge and Attitudes and 🧹	✓	✓		✓			
Behaviours Questionnaire (EBP-							
KABQ)							
EBASE 🗸	✓	✓		✓	✓		\checkmark
Evidence-based Practice Process	✓	✓	✓	✓			
Assessment Scale (EBPPAS)							
Evidence-Based Practice		✓		✓			
Questionnaire: Attitudes to							
Evidence-Based Practice (EBPQ)							
Evidence-Based Practice: Beliefs,		✓		✓			\checkmark
Attitudes, Knowledge, and							
Behaviors							
Healthcare EBP Assessment Tool		✓		✓			✓
(HEAT)							
Implementation Climate Scale (ICS)	✓					✓	\checkmark
Implementation Leadership Scale 🗸		✓		✓			✓
(ILS)							

	Competency in EBP	EBP education/	Attitudes towards	Self- efficacy	Use of	Barriers and	Readiness for EBP	Barriers and
	III EDP	Training	EBP	encacy	EBP	facilitators		facilitators
		needs				to EBP		
NoMAD Tool							✓	
Organizational Readiness for							✓	
Implementing Change (ORIC)								
Organizational Readiness to							✓	\checkmark
Change Assessment (ORCA)								
Outcome Expectations for EBP (OE-	✓			✓				
EBP)								
Programme Sustainability								✓
Assessment Tool								
Revised Professional Practice								✓
Environment (RPPE)								
Self-Efficacy in EBP (SE-EBP)	✓			✓				
Standard Scale for the Perception			✓					
of EBP Attributes (tool also named								
Perceived Characteristics of								
Innovating (PCI))								
Team Check-Up Tool (TCT)								✓
Training Needs Analysis	\checkmark	\checkmark						
Questionnaire								
Treatment Acceptability and			✓					
Preferences Measure								
Wilder Collaboration Factors								✓
Inventory								

Legend: *Individual factors impacting EBP and implementation: Competence of EBP – knowledge and/or skills of EBP or ability to plan care using EBP; EBP education/Training needs – educational needs to support EBP process and perceived importance/efficacy of training and education about EBP process; Attitudes towards EBP – including perceived value, relevance to clinical care, the importance of the practice change, intentions and readiness to use EBP and relevance to current work; Self-efficacy – perceived confidence or ability to conduct EBP or implementation; Use of EBP – use of EBP in practice; Barriers and facilitators to EBP – barriers and facilitators of EBP as experienced by an individual including use of research in practice, the innovation itself, the work culture or the context.

****Organizational context factors impacting EBP or implementation: Readiness for EBP** - targeting implementation activities or resources to improve success, staff's commitment to change, staff's capabilities to implement change; **Barriers and facilitators** – a broad category of factors including, but not limited to collaborations among and across teams, the presence of a QI team, structures to support sustainability, organizational support, access to resources, EBP work culture/practice environment, the status of the health system, context of care provision and presence of leadership in EBP.

Table 2 – KTA tools - Applicable action cycle phase(s), location in the *Leading Change Toolkit*[™], tool's purpose and additional considerations

Name of tool	Applicable KTA Action Cycle Phase(s) (Bolded action cycle phase indicates location in the toolkit)	Tool's purpose	Additional considerations*
Assessing Competency in EBM (ACE)	 Assess barrier/facilitators to knowledge use Monitor knowledge use 	To evaluate medical students' competency in evidence- based medicine (EBM) across all examinable steps of the EBM process.	Tool developed for and initially validated by medical students
Attitudes toward Evidence-Based Dentistry	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess the knowledge, attitudes and use of EBP in dentistry.	Tool developed for and initially validated by dentists
Barriers to Research Utilization Scale (BARRIERS)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess perceptions of barriers to using research findings in practice.	HCPs, Administrators, Researchers
Clinician Guideline Determinants Questionnaire	 Identify Problem - Determine the know/do gap Assess barriers/facilitators to knowledge use Monitor knowledge use 	To identify determinants of guideline use from HCP's perspectives, including knowledge, skills, capacity to plan change and relevance to patient care.	HCPs
Context Assessment for Community Health (COACH) tool	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess the effect of the health system context in implementing EBP.	Tool developed for low- and middle- income countries
Context Assessment Index (CAI)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assesses the context in which care is provided and the readiness of this context to implement EBP.	HCPs
Developing Evidence Based Practice Questionnaire (DEBP) questionnaire	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure factors affecting nursing EBP, including knowledge, attitudes and behaviours.	Tool developed for and initially validated by nurses

Evidence Based Practice Competence in Nursing Students Evidence Based Practice Inventory Evidence-Based Concepts: Knowledge, Attitudes and Use Survey (EBCKAU) Evidence-based Nursing Attitude Questionnaire (EBNAQ) Evidence-Based Practice Knowledge and Attitudes and Babaviours	 Assess barriers/facilitators to knowledge use Monitor knowledge use Assess barriers/facilitators to knowledge use Monitor knowledge use Assess barriers/facilitators to knowledge use Monitor knowledge use Monitor knowledge use Monitor knowledge use Monitor knowledge use Assess barriers/facilitators to knowledge use Assess barriers/facilitators to knowledge use Assess barriers/facilitators to knowledge use Monitor knowledge use Monitor knowledge use Monitor knowledge use Monitor knowledge use 	To measure nursing students' level of competence in EBP, including attitude, knowledge and skills. To evaluate evidence-based culture, including barriers and facilitators. To evaluate students' knowledge, attitudes and use of EBP and effectiveness of EBP education. To measure nurses' attitudes towards evidence-based nursing practice (EBNP), according to their beliefs, attitudes and intention to conduct EBNP. To evaluate how EBP is taught in undergraduate medical education, including knowledge, attitudes and behaviours.	Tool developed for and initially validated by for nursing students HCPs Tool developed for and initially validated by health discipline students Tool developed for and initially validated by nurses Tool developed for and initially validated by nurses
Behaviours Questionnaire (EBP- KABQ) Evidence-Based Practice Attitude and Utilization survey (EBASE) Evidence-Based Practice Attitude Scale-36 (EBPAS-36)	 Assess barriers/facilitators to knowledge use Monitor knowledge use Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess attitudes, skills, and use of EBP as well as barriers and facilitators to implementing EBP. To measure HCP's attitudes and readiness for EBP and organizational factors that impact EBP implementation.	medical students Tool developed for and initially validated by complementary and alternative medicine (CAM) practitioners HCPs

Evidence-Based Practice Attitude Scale-50 (EBPAS-50)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure HCP's attitudes to implementing EBP	Developed for and initially validated by mental health and social service settings
Evidence-Based Practice Process Assessment Scale (EBPPAS)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure attitudes, knowledge, skills, intentions and actual use of applying EBP; and To evaluate the impact of EBP training or education on health care provider's attitudes and implementation of EBP.	HCPs
Evidence-Based Practice Questionnaire: Attitudes to Evidence- Based Practice (EBPQ)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure the implementation of EBP including knowledge, attitudes, skills and use.	Tool developed for and initially validated by nurses
Evidence-Based Practice: Beliefs, Attitudes, Knowledge, and Behaviors	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To determine physiotherapists' knowledge, attitudes, beliefs, and behaviors regarding EBP.	Tool developed for and initially validated by physiotherapists
Healthcare Evidence Based Practice Assessment Tool (HEAT)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To estimate nurses' intention, ability to use EBP, barriers to use EBP and actual use of EBP; and To determine a baseline for planning interventions (e.g., educational activities) and to evaluate progress in developing an EBP work environment.	Tool developed for nurses
Implementation Climate Scale (ICS)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure staff perceptions regarding the importance of implementing and using EBP; and To measure the organizational context as a barrier or facilitator to using EBP.	HCPs
Implementation Leadership Scale (ILS)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess leadership pertaining to implementing EBP, or the degree that a leader performs actions demonstrating proactiveness, knowledge, support, and perseverance in creating a culture/climate that values EBP.	HCPs Note - There are two versions of this tool: one for staff to report about their supervisor/leader,

			and another for supervisors/leaders to report about themselves.
NoMAD Survey Instrument	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess, monitor, or measure factors likely affecting normalization including HCP's perceptions of value-add, differences from 'old' practice, capabilities and relevance to current work.	HCPs
Organizational Readiness for Implementing Change (ORIC)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure organizational readiness as per Weiner's theory of organizational readiness for change (2009), including staff's commitment to change and capabilities to implement change.	HCPs
Organizational Readiness to Change Assessment (ORCA)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To evaluate organizational readiness as per the elements of the PARISH Framework (Kitson et al., 1998): evidence, context and facilitation. To inform what implementation activities or resources should be targeted to improve the success of implementing change.	HCPs
Outcome Expectations for EBP (OE-EBP)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure HCP's confidence in improving patient care and care outcomes by implementing EBP.	HCPs
Programme Sustainability Assessment Tool	 Assess barriers/facilitators to knowledge use Monitor knowledge use Sustain knowledge use 	To measure the presence of structures and processes that enable programs to sustain the development, implementation, and delivery of evidence-based policies and services in public health.	Tool developed for and initially validated by public health programs
Revised Professional Practice Environment (RPPE)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure HCP's perceptions of their practice environment according to the presence of transformational leadership, structural empowerment, exemplary professional practice, new knowledge, innovations and improvements and care outcomes.	Tool developed for and initially validated by acute care settings
Self-Efficacy in EBP (SE-EBP)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure HCP's confidence in their competency (knowledge and skills) of the EBP process steps.	HCPs

Standard Scale for the Perception of Evidence Based Practice Attributes (also known as Perceived Characteristics of Innovating (PCI))	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess HCP's attitudes regarding a change initiative as per Roger's Diffusion of Innovation Theory (2003), including relative advantage, compatibility, complexity and observability.	HCPs
Team Check-Up Tool (TCT)	 Identify Problem - Determine the know/do gap Assess barriers/facilitators to knowledge use Monitor knowledge use 	To measure elements of quality improvement (QI) teams including team processes, team composition, psychosocial factors, and goal agreement as well as their implementation of QI activities.	Tool developed for and initially validated by HCPs engaged in QI initiatives
Training Needs Analysis Questionnaire (World Health Organization)	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess training needs and determine the areas where further education and skill development is indicated.	HCPs
Treatment Acceptability and Preferences (TAP))/ Treatment Perceptions and Preferences (TPP) Measure	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To aid persons/patients to assess the acceptability of treatment options according to their appropriateness, suitability, effectiveness, and practicality as well as questions regarding preference or choice of a particular treatment.	Tool developed for and initially validated by persons/patients
Wilder Collaboration Factors Inventory	 Assess barriers/facilitators to knowledge use Monitor knowledge use 	To assess elements of collaborations including membership, process, structure, communication, purpose and resources.	Tool developed for and initially validated by not- for-profit organizations, government agencies and other organizations

Legend: HCPs is referring to all health-care providers in any sector or setting.

*End-users are encouraged to reach out to the tool's developer via email (see summary page per tool) for any questions regarding a tool's relevance to other groups/populations.



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