

LEADING CHANGE TOOLKIT™

TO HELP CHANGE AGENTS AND
CHANGE TEAMS MAKE LASTING
IMPROVEMENTS IN HEALTH CARE

Evidence-Based Practice Attitude Scale-50 (EPBAS-50)

Tool's Purpose

The Evidence-Based Practice Attitude Scale – 50 (EBPAS-50) measures health care providers' attitudes pertaining to the implementation of innovation and evidence-based practices in mental health and social service settings (Aarons et al., 2012).

Brief Tool Description

- 50 items scored on 5-point Likert scale. 12 Subscales:
 - Requirements (3 items)
 - Appeal (4 items)
 - Openness (4 items)
 - Divergence (4 items)
 - Limitations (7 items)
 - Fit (7 items)
 - Monitoring (4 items)
 - Balance (4 items)
 - Burden (4 items)
 - Job Security (3 items)
 - Organizational Support (3 items)
 - Feedback (3 items)

Knowledge to Action Framework Phase(s):

- Assess barriers/facilitators to knowledge use
- Monitor knowledge use

Available Languages: English

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Source to Access Tool:

- [Link to article \(tool is within the article\)](#)
- Dr. Gregory A. Arons
 - Tool developer
 - Emails: gaarons@ucsd.edu or gaarons@health.ucsd.edu

Development Article/Psychometric Article

Aarons, G. A. (2004). Mental health provider attitudes toward adoption of evidence-based practice: The Evidence-Based Practice Attitude Scale (EBPAS). *Mental health services research, 6*(2), 61-74. <https://doi.org/10.1023/B:MHSR.0000024351.12294.65>

Aarons, G. A., Cafri, G., Lugo, L., & Sawitzky, A. (2012). Expanding the domains of attitudes towards evidence-based practice: the evidence based practice attitude scale-50. *Administration and policy in mental health and mental health services research, 39*(5), 331-340. <https://doi.org/10.1007/s10488-010-0302-3>