

ENGAGING PERSONS WITH LIVED EXPERIENCE WORKSHEET:

Assessing readiness to engage persons with lived experience in a change initiative

To be effective, members of the change team must be ready to engage persons with lived experience in the change initiative. Sometimes, there is strong support and receptivity; in other cases, there can be challenges. It is important to acknowledge that to be effective a shift in thinking must occur in which persons with lived experience are seen as active and valued participants in the change initiative.

Instructions: Have each member of the change team answer the following questions on engaging persons with lived experience in change initiatives. These questions can be especially helpful for change team members who are new to working on a change initiative with persons with lived experience; they can benefit from learning from others who have had such experiences. Discuss responses as a team.

If a lack of readiness is determined, consider consulting with another change team who has successfully engaged persons with lived experience for additional recommendations and guidance.

No.	Guiding Principles	Yes	No	Rationale/Comments
<i>1. Regarding engaging persons with lived experience, I believe that they...</i>				
a.	Bring unique perspectives that will strengthen the change initiative.			
b.	Have valuable knowledge as a result of their lived experience.			
c.	Are able to look beyond their own experience and inform a practice change for all persons/patients and families.			
d.	Believe their perspectives and opinions on planning and decision-making for practice change are as valid as those of the change team.			
<i>2. As a member of the change team, I have...</i>				
a.	Experience working with persons with lived			

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	experience as members of a change team.			
b.	An understanding of the role and expectations of persons with lived experience and how these may differ from other members of the change team.			
c.	Experience and feel comfortable delegating responsibilities to persons with lived experience in relation to the change initiative.			
d.	An understanding that persons with lived experience may be unable to continue engaging in the change initiative due to their own health or care responsibilities to a family member.			

SOURCE: Adapted from Patient Voices Network, 2021. [Readiness-Checklist-Feb-2021-Final.pdf \(patientvoicesbc.ca\)](#)