

## Bringing Best Evidence to the Point of Care through eHealth

Increasingly, eHealth is becoming invaluable to nurses. eHealth refers to the use of technology to improve nurses' access to information that optimizes patient, client, resident and community care. Nurses as knowledge professionals benefit from the best evidence and information at their finger tips to support clinical decision-making that contributes to improved clinical outcomes. Mobile technology, like the PDA or Tablet computer, offers great potential for nurses in this area.

The RNAO has developed an e-learning course: *Nurses and Mobile Technology: eHealth at the Point of Care*. This new resource, specifically for PDA and Tablet computer users, is introduced in this document which also includes a summary of other RNAO nursing and eHealth resources.

### *Nurses and Mobile Technology: eHealth at the Point of Care* Course Overview:

#### Module 1: Nursing & Mobile Technology Basics

This module describes why mobile technology is important for nurses. It also covers the basic functionality of the BlackBerry, iPhone, Tablet PC and Windows Mobile Classic.

#### Module 2: Integrating Mobile Technology in Nursing

This module reviews strategies to incorporate mobile technology in various health-care sectors.

#### Module 3: Mobile Technology & Client Education

This module highlights innovative ways that nurses can use mobile technology to enhance client education.

This course can be accessed at: [www.rnao.org/elearning](http://www.rnao.org/elearning)



Introduction

**Nursing & Mobile Technology: eHealth at the Point of Care**

- Are you a new or experienced user of mobile technology in nursing?
- Do you wish to effectively integrate mobile technology into your daily routine?
- If you answered yes to any of the above, this course is for you.

▶ Begin

Please select your device

BlackBerry iPhone Pocket PC Tablet PC

**RNAO** Registered Nurses' Association of Ontario  
L'Association des infirmières et infirmiers autorisés de l'Ontario

This course is comprised of three modules:

- Module 1: Nursing & Mobile Technology Basics**  
This module describes why mobile technology is important for nurses. It also covers the basic functionality of the BlackBerry, iPhone, Tablet PC and Windows Mobile Classic.
- Module 2: Integrating Mobile Technology in Nursing**  
This module reviews strategies to incorporate mobile technology in various health care sectors.
- Module 3: Mobile Technology & Client Education**  
This module highlights innovative ways that nurses can use mobile technology to enhance client education.

# Summary of eHealth Resources

## Nursing and eHealth Education Program:

This interactive program has been developed to help nurses learn about eHealth and how it affects their daily practice. It also provides nurses with the necessary background information to appreciate how eHealth can enhance their nursing practice and client care.

## Nursing and eHealth Champions:

The eHealth Champions Program has over 700 eHealth Champions across Ontario who have been introduced to the eHealth Champions Network since 2006. The goal of the program is to raise awareness among nurses about eHealth and its link to quality patient care, to support nurses in eHealth uptake across all health care settings, and to facilitate organization wide eHealth adoption.

## Role of the eHealth Champion:

- Promote eHealth awareness-raising and engagement among nurses, and contribute to eHealth related program and policy development;
- Encourage greater involvement of nurses in eHealth planning, implementation, and evaluation activities;
- 1st Stage eHealth Champions are engaged in awareness-raising, mentoring and eHealth implementation;
- 2nd Stage eHealth Champions take a lead role in eHealth implementation activities with nurses and others.



## Quick Resources:

- **Personal Digital Assistant Initiative – Project Information**  
<http://pda-support.rnao.ca>
- **Condensed RNAO Best Practice Guidelines**  
<http://pda.rnao.ca>
- **Personal Digital Assistant Videos**  
[http://www.rnao.org/pda\\_initiative/videos](http://www.rnao.org/pda_initiative/videos)
- **Patient Education Fact Sheet : Nurses and the Use of Computer Technology**  
[http://www.rnao.org/PDA\\_Fact\\_Sheet](http://www.rnao.org/PDA_Fact_Sheet)
- **eHealth Etiquette Tips for Nurses**  
[http://www.rnao.org/eHealth\\_Etiquette](http://www.rnao.org/eHealth_Etiquette)
- **Nurses and Mobile Technology: eHealth at the Point of Care Education Program**  
<http://www.rnao.org/elearning>
- **Nursing and eHealth Education Program**  
[https://www.rnao.ca/eHealth\\_course](https://www.rnao.ca/eHealth_course)

## Nursing and eHealth Toolkit:

The *Nursing and eHealth Toolkit* is a unique user friendly, evidence-based resource for nurses and other health professionals taking a leadership role in integrating eHealth technology into nursing and other health-care practices within their organizations. The Toolkit addresses eHealth from a socio-technological perspective addressing people, technology and organizations. Topic areas include project planning, needs assessment, vendor selection, change management and using eHealth Champions to facilitate eHealth adoption. Toolkits are available in a variety of formats including online, CD and workbooks.