

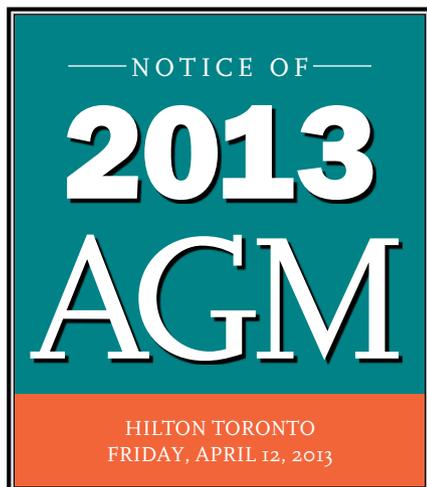
REGISTERED NURSE JOURNAL

The case against restraints

Alternatives improve
patient safety and
quality of life.



What they didn't teach you in nursing school • Primary care nursing task force



Take notice that an annual general meeting (AGM) of the Registered Nurses' Association of Ontario (hereinafter referred to as 'association') will be held at the Hilton Toronto hotel commencing the evening of Thursday, April 11 for the following purposes:

- To hold elections of directors as provided for in the bylaws of the association
- To appoint auditors
- To present and consider the financial statements of the association (including the balance sheet as of October 31, 2012, a statement of income and expenditures for the period ending October 31, 2012, and the report of the auditors of the association thereon) for the fiscal year of the association ended October 31, 2012
- To consider such further and other business as may properly come before annual and general meetings or any adjournment or adjournments thereof

By order of RNAO Board of Directors

Rhonda Seidman-Carlson, RN, MN
 President

Call for Resolutions

Deadline: Monday, December 10, 2012 at 1700 hours (5:00 p.m.)

Do you want to shape nursing and health care? As a member of your professional association you can put forward resolutions for ratification at RNAO's AGM. By submitting resolutions, you are giving RNAO a mandate to speak on behalf of all members. It is important to bring forward pressing nursing, health and social issues that affect nurses' daily lives, and the public. RNAO members represent many facets of nursing within the health-care system. You play a vital role in ensuring nurses' voices are heard, and in advancing healthy public policy across the province and elsewhere. RNAO encourages individual members, chapters, regions without chapters and interest groups to submit resolutions for ratification at the 2013 AGM. Please send materials to Penny Lamanna, board affairs co-ordinator, at plamanna@rnao.ca.

Important to note:

- resolutions must bear the signature(s) of RNAO member(s) in good standing for 2013
- when submitting a resolution, it should be noted in writing that the submitter(s) has "no known conflict of interest"

- a *maximum* one-page back-grounder must accompany each resolution (this one page is to INCLUDE references) and the font used must be no smaller than Arial 10 or Times New Roman 11. Margins on this one page must also be reasonable, e.g. an absolute minimum of 0.7 margin all around
- all resolutions will be reviewed by the Provincial Resolutions Committee

For clarity of purpose and precision in the wording, we recommend each resolution include no more than three 'Whereas' and preferably only one, but never more than two, 'Therefore Be It Resolved.' Please refer to the following successful 2012 resolution for guidance:

WHEREAS Fetal Alcohol Spectrum Disorder (FASD) is the most common developmental disability in Canada affecting 1 per cent of the population and costing Canadians 5.3 billion dollars/year; and

WHEREAS Fetal Alcohol Spectrum Disorder (FASD) can be prevented by increasing awareness about the dangers of drinking in pregnancy, screening women for alcohol use in pregnancy, and supporting women with appropriate services to eliminate

alcohol use in pregnancy; and

WHEREAS individuals with FASD can function effectively in communities with adequately funded diagnostic services and evidence-based, appropriate interventions, services and supports;

THEREFORE BE IT

RESOLVED that RNAO advocate for an integrated strategy in Ontario to address FASD that includes: prevention, best practice screening guidelines for addictions, diagnosis, evidence-based interventions, and appropriate support services for individuals and families.

Call for Nominations 2013-2015 RNAO Board of Directors

Deadline: Monday, December 10, 2012 at 1700 hours (5:00 p.m.)

As your professional association, RNAO is committed to speaking out for nursing, speaking out for health. **YOUR** talent, expertise and activism are vital to our success. For the 2013 year, RNAO is seeking nominees for:

- President-Elect
- Regional Representatives for all 12 Regions

In accordance with the 2012 RNAO Policies, members of

the following **RNAO board committees** shall be appointed by the Board of Directors. Nominees are sought for the following vacancies:

- Provincial Nominations Committee (2 RN vacancies)
- Provincial Resolutions Committee (2 RN vacancies)

Joining as a member of an RNAO board committee affords you an opportunity to become more involved and engaged in the work of RNAO.

Being a member of RNAO has provided you with opportunities to influence provincial, national and international nursing and health-care policy, to discuss and share common challenges related to nursing, nurses, health care, social and environmental issues, and to network with numerous health professionals dedicated to improving the health and well-being of all Ontarians. Becoming a **member of RNAO's Board of Directors** will provide you with an extremely rewarding and energizing experience. Over the course of two years, you will contribute to shaping the present and future of RNAO. You will also act as a professional resource to your constituents. Please access the nomination form at www.rnao.ca. For further information, please contact plamanna@rnao.ca.

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Registered Nurses'
Association of Ontario
L'Association des
infirmières et infirmiers
autorisés de l'Ontario



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EDITED BY KIMBERLEY KEARSEY

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BY MELISSA DI COSTANZO

