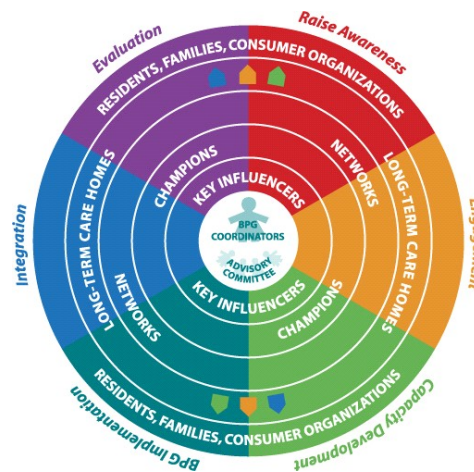


# Best Practices in Long-Term Care

## The Ontario Circle of Care In Long-Term Care Framework



## If you are a Long-Term Care home, **get involved!**

The standards found in the Long Term Care Homes Program Manual are different from the BPGs. This initiative is voluntary; however, this is an important opportunity for homes to find ways to reach a new level of excellence in resident care.

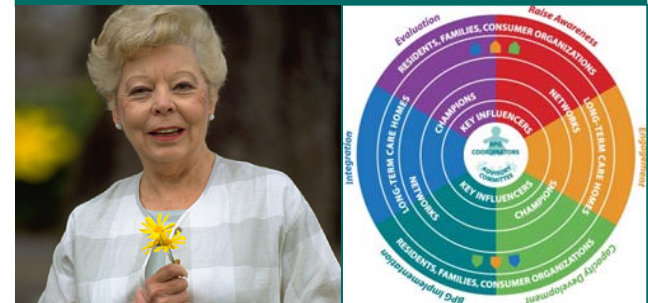
## What are the expected **benefits** for participating in this initiative?

- Improve delivery of effective care to residents
- Build expertise in the LTC sector
- Promote interdisciplinary knowledge transfer
- Utilize evidence-based decision making in professional practice
- Improve Work Environments

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**ARE YOU READY FOR BPG IMPLEMENTATION?**

**WHO IS THE LTC BEST PRACTICE COORDINATOR IN YOUR REGION?**

Contact the RNAO Office!

**Working together towards excellence in resident care.**

## Our Mission

To enhance the quality of care for residents in long-term care (LTC) homes and facilitate a culture of evidence-based practice through the implementation of the best practice guidelines (BPGs) by front-line staff in LTC homes.

## Shared Values

Successful implementation will be achieved by: involving key stakeholders throughout the process; sharing of resources; learning through dialogue, ongoing evaluation, and reflection; and developing plans for sustainability.

## Shared Vision

Community partnership and collaboration are evident in implementing best practice guidelines successfully.

## About the Best Practices in Long-Term Care...

This exciting initiative will support long-term care homes in adopting evidence-based practices that will support systematic and consistent approaches to providing quality care for residents.

## What are best practices?

Best practice refers to practices that are based on the “best evidence” available from research.

## What is a Best Practice Guideline?

Best Practice Guidelines are “user friendly statements that bring together the best external evidence and other knowledge necessary for decision making about a specific health problem” (Sackett et al., 1997).

## Our Guiding Framework

This initiative is based on 6 strategies:

### 1. Raise Awareness

- Share knowledge (e.g. newsletters, brochures, mail outs, meetings with homes and staff)
- Coordinate forums for sharing lessons learned (e.g. story collection)

### 2. Engagement

- Establish networking group (e.g. Communities of Practice) working on similar best practice guideline topics
- Collaborate with initiatives, networks and organizations

### 3. Capacity Development

- Create opportunities to build expertise by promoting and supporting knowledge transfer (e.g. Champions, Summer Institutes, Best Practice Spotlight Organizations, Advanced Clinical/Practice Fellowships)
- Provide ongoing consultations with homes and staff

### 4. BPG Implementation

- Create and share education tools (e.g. Compendium/toolkit)
- Provide homes with pertinent materials for resources
- Support homes in developing implementation tools and strategies

### 5. Integration

- Promote collaboration with other networks and quality improvement initiatives

### 6. Evaluation

- Seek research opportunities to evaluate the impact of best practices on resident care outcomes
- Assist homes in developing outcome measures

Administered through:

To enhance the practice of staff in long-term care homes.

Funded by the Government of Ontario

 **RNAO** Registered Nurses' Association of Ontario  
L'Association des infirmières et infirmiers autorisés de l'Ontario