

**Registered Nurses' Association of Ontario**  
***Transitions in Care and Services, Second Edition, Best Practice Guideline***  
**June 2023**

**Reference List with Open Access Links Where Available**

\*Links active as of December 14, 2023.

**Recommendation 3.1:**

Citation	Open Access URL (where applicable)
1. Enzinger L, Dumanoir P, Boussat B, et al. Direct phone communication to primary care physician to plan discharge from hospital: feasibility and benefits. <i>BMC Health Serv Res.</i> 2021 Dec;21(1):1352.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8684651/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8684651/</a>
2. Krol ML, Allen C, Matters L, et al. Health optimization program for elders: improving the transition from hospital to skilled nursing facility. <i>J Nurs Care Qual.</i> 2019;34(3):217–22	N/A
3. Low L, Tan S, Ng M, et al. Applying the integrated practice unit concept to a modified virtual ward model of care for patients at highest risk of readmission: a randomized controlled trial. <i>PloS One.</i> 2017;12(1):e0168757	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5207403/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5207403/</a>
4. Moore A, Krupp J, Dufour A, et al. Improving transitions to postacute care for elderly patients using a novel video-conferencing program: ECHO-Care Transitions. <i>Am J Med.</i> 2017;130(10):1199–204.	N/A
5. Paolini D, Bonaccorsi G, Lorini C, et al. Careggi Re-Engineered Discharge project: standardize discharge and improve care coordination between healthcare professionals. <i>Int J Qual Health Care.</i> 2022 Aug 5;34(3):mzac060.	N/A
6. Schubert CC, Myers LJ, Allen K, et al. Implementing geriatric resources for assessment and care of elders team care in a veterans affairs medical center: lessons learned and effects observed. <i>J Am Geriatr Soc.</i> 2016;64(7):1503–9.	N/A

**Recommendation 5.1:**

Citation	Open Access URL (where applicable)
1. Balaban R, Zhang F, Vialle-Valentin C, et al. Impact of a patient navigator program on hospital-based and outpatient utilization over 180 days in a safety-net health system. <i>J Gen Intern Med.</i> 2017;32(9):981.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5570741/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5570741/</a>
2. Carter J, Hassan S, Walton A, et al. Effect of community health workers on 30-day hospital readmissions in an accountable care organization population: a randomized clinical trial. <i>JAMA Netw Open.</i> 2021;4(5):e2110936– e2110936.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8138690/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8138690/</a>
3. Coller R, Klitzner T, Lerner C, et al. Complex care hospital use and postdischarge coaching: a randomized controlled trial. <i>Pediatrics.</i> 2018;142(2).	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6317544/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6317544/</a>
4. Johnson S, Lamb D, Marston L, et al. Peer-supported self-management for people discharged from a mental health crisis team: a randomised controlled trial. <i>Lancet.</i> 2018;392(10145):409	<a href="https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31470-3/fulltext">https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31470-3/fulltext</a>
5. Kidd SA, Virdee G, Mihalakakos G, et al. The welcome basket revisited: testing the feasibility of a brief peer support intervention to facilitate transition from hospital to community. <i>Psychiatr Rehabil J.</i> 2016;39(4):335–42	N/A
6. LaBedz SL, Prieto-Centurion V, Mutso A, et al. Pragmatic clinical trial to improve patient experience among adults during transitions from hospital to home: the PArTNER study. <i>JGIM J Gen Intern Med.</i> 2022 Dec;37(16):4103–11.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9708982/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9708982/</a>
7. Mitchell SE, Reichert M, Martin Howard J, et al. Reducing readmission of hospitalized patients with depressive symptoms: a randomized trial. <i>Ann Fam Med.</i> 2022 Jun 5;20(3):246–54.	<a href="https://pubmed.ncbi.nlm.nih.gov/35606137/">https://pubmed.ncbi.nlm.nih.gov/35606137/</a>
8. Ng A, Wong F. Effects of a home-based palliative heart failure program on quality of life, symptom burden, satisfaction and caregiver burden: a randomized controlled trial. <i>J Pain Symptom Manage.</i> 2017;55(1):1–11.	<a href="https://www.jpsmjournal.com/article/S0885-3924(17)30378-0/fulltext">https://www.jpsmjournal.com/article/S0885-3924(17)30378-0/fulltext</a>

9. Pang RK, Srikanth V, Snowdon DA, et al. Targeted care navigation to reduce hospital readmissions in “at-risk” patients. <i>Intern Med J.</i> 2021 Nov 29. doi: 10.1111/imj.15634	N/A
10. Reeves M, Fritz M, Woodward A, et al. Michigan stroke transitions trial: a clinical trial to improve stroke transitions. <i>Circ Cardiovasc Qual Outcomes.</i> 2019;12(7):e005493.	<a href="https://www.ahajournals.org/doi/10.1161/CIRCOUTCOMES.119.005493?url_ver=Z39.88-2003&amp;rfr_id=ori:rid:crossref.org&amp;rfr_dat=cr_pub%20%20pubmed">https://www.ahajournals.org/doi/10.1161/CIRCOUTCOMES.119.005493?url_ver=Z39.88-2003&amp;rfr_id=ori:rid:crossref.org&amp;rfr_dat=cr_pub%20%20pubmed</a>
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12. Samuels EA, Kelley L, Pham T, et al. “I wanted to participate in my own care”: evaluation of a patient navigation program. <i>West J Emerg Med.</i> 2021;22(2):417–26.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7972383/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7972383/</a>
13. Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalisation. <i>BMC Psychiatry.</i> 2017;17(1):307.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5571619/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5571619/</a>
14. Seaberg D, Elseroad S, Dumas M, et al. Patient navigation for patients frequently visiting the emergency department: a randomized controlled trial. <i>Acad Emerg Med.</i> 2017;24(11):1327–33.	<a href="https://pubmed.ncbi.nlm.nih.gov/28834070/">https://pubmed.ncbi.nlm.nih.gov/28834070/</a>
15. Taylor SPM, Murphy SD, Rios AN, et al. Effect of a multicomponent sepsis transition and recovery program on mortality and readmissions after sepsis: the improving morbidity during post-acute care transitions for sepsis randomized clinical trial. <i>Crit Care Med.</i> 2022 Mar;50(3):469–79.	<a href="https://pubmed.ncbi.nlm.nih.gov/34534130/">https://pubmed.ncbi.nlm.nih.gov/34534130/</a>
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care: a retrospective analysis of the bridge model for super utilizers. Soc Work Health Care. 2019;58(1):126–41.	
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**Recommendation 5.2:**

Citation	Open Access URL (where applicable)
1. Johnson S, Lamb D, Marston L, et al. Peer-supported self-management for people discharged from a mental health crisis team: a randomised controlled trial. Lancet. 2018;392(10145):409	<a href="https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31470-3/fulltext">https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31470-3/fulltext</a>
2. Kidd SA, Virdee G, Mihalakakos G, et al. The welcome basket revisited: testing the feasibility of a brief peer support intervention to facilitate transition from hospital to community. Psychiatr Rehabil J. 2016;39(4):335–42	N/A
3. Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalisation. BMC Psychiatry. 2017;17(1):307.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5571619/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5571619/</a>